

Women's Only Saturday (9 Lessons)

January 13 to March 23, 2024

EDUCATION POOL

NO Lessons February 17/24, 2024

12:45 PM	Opening Duties (12:45-1:00)		Opening Duties (12:45-1:00)
1:00 PM	Swimmer 1 1:00-1:30 Swimmer 2/3 1:30-2:00 Swimmer 3/4 2:00-2:30		Lane Swim 1:00-2:30
1:15 PM			
1:30 PM			
1:45 PM			
2:00 PM	Swimmer 1 1:30-2:00 Swimmer 1 2:00-2:30		Adult 2 2:45-3:15
2:15 PM			
2:30 PM			
2:45 PM			
3:00 PM	Swimmer 1 2:45-3:15 Swimmer 1 3:15-3:45		Adult 1 3:15-3:45
3:15 PM			
3:30 PM			
3:45 PM			
		Closing Duties (3:45-4:00)	Closing Duties (3:45-4:00)