

Monday (10 lessons)				January 12 to March 23, 2026
EDUCATION POOL				NO Lessons February 16, 2025
4:15 PM	Opening Duties (4:15-4:30)  Swimmer 5 4:30-5:15	Opening Duties (4:15-4:30)		
4:30 PM		Swimmer 1 4:30-5:00	Preschool 1/2 4:30-5:00	Swimmer 3 4:30-5:15
4:45 PM		Rookie 5:00-6:00	Swimmer 2 5:00-5:30	
5:00 PM			Preschool 1/2 5:15-5:45	
5:15 PM				
5:30 PM	Swimmer 2 5:15-5:45			
5:45 PM			Preschool 2/3 5:45-6:15	
6:00 PM	Preschool 5 6:00-6:30			Swimmer 4 6:00-6:45
6:15 PM	6:00-6:30	Parent & Tot 1/2 6:15-6:45	Swimmer 3 6:15-7:00	
6:30 PM	Preschool 1/2 6:30-7:00			Preschool 3/4 6:45-7:15
6:45 PM	6:30-7:00	Swimmer 1 6:45-7:15		
7:00 PM				
7:15 PM	Swimmer 2 7:15-7:45		Swimmer 6 7:15-8:00	
7:30 PM	7:15-7:45	Swimmer 4 7:30-8:15		Preschool 1/2 7:30-8:00
7:45 PM	Swimmer 3 7:45-8:30			
8:00 PM	7:45-8:30		Adult 1 8:00-8:45	Adult 2 8:00-8:45
8:15 PM				
8:30 PM				
8:45 PM			Closing Duties (8:45-9:00)	Closing Duties (8:45-9:00)

Tuesday (10 Lessons)					January 13 to March 24, 2026
EDUCATION POOL					NO Lessons February 17, 2026
4:15 PM			Opening Duties (4:15-4:30)	Opening Duties (4:15-4:30)	
4:30 PM	Swimmer 2	Preschool 1/2	Swimmer 3	Preschool 1/2	
4:45 PM	4:30-5:00	4:30-5:00	4:30-5:15	4:30-5:00	
5:00 PM	Preschool 2/3	Preschool 5		Swimmer 1	
5:15 PM	5:00-5:30	5:00-5:30	Parent & Tot 2/3	5:00-5:30	
5:30 PM			5:15-5:45		Preschool 1/2
5:45 PM	Preschool 1/2	Parent & Tot 2/3		Swimmer 4	5:30-6:00
6:00 PM	5:45-6:15	5:45-6:15	Swimmer 1	5:45-6:30	Swimmer 5
6:15 PM	Preschool 2/3	Swimmer 2	6:00-6:30		6:00-6:45
6:30 PM	6:15-6:45	6:15-6:45	Preschool 3/4	Swimmer 2	
6:45 PM		Swimmer 3	6:30-7:00	6:30-7:00	
7:00 PM	Swimmer 2	6:45-7:30			Preschool 3/4
7:15 PM	7:00-7:30		Swimmer 2	Preschool 2/3	7:00-7:30
7:30 PM	Ranger/Star		7:15-7:45	7:15-7:45	Swimmer 3
7:45 PM	7:30-8:30	Swimmer 5			7:30-8:15
8:00 PM		7:45-8:30	Adult 1		
8:15 PM			7:45-8:30		
8:30 PM	Closing Duties (8:30-8:45)	Closing Duties (8:30-8:45)			

Wednesday (10 Lessons)				January 14 to March 25, 2026
EDUCATION POOL				NO Lessons February 18, 2026
4:15 PM				Opening Duties (4:15-4:30)
4:30 PM	Opening Duties (4:30-4:45)			Swimmer 3
4:45 PM	Preschool 1/2	Swimmer 4	Preschool 2/3	4:30-5:15
5:00 PM	4:45-5:15	4:45-5:30	4:45-5:15	
5:15 PM	Preschool 3/4		Swimmer 2	Swimmer 1
5:30 PM	5:15-5:45	Preschool 1/2	5:15-5:45	5:15-5:45
5:45 PM	Swimmer 2	5:30-6:00		
6:00 PM	5:45-6:15		Preschool 1/2	Swimmer 2
6:15 PM		Swimmer 1	6:00-6:30	6:00-6:30
6:30 PM	Swimmer 3	6:15-6:45	Swimmer 1	Preschool 1/2
6:45 PM	6:30-7:15	Preschool 1/2	6:30-7:00	6:30-7:00
7:00 PM		6:45-7:15		
7:15 PM	Preschool 3/4		Swimmer 5	Swimmer 1
7:30 PM	7:15-7:45	Swimmer 2	7:15-8:00	7:15-7:45
7:45 PM		7:30-8:00		Rookie
8:00 PM	Adult 3	Swimmer 6	Swimmer 4	7:45-8:45
8:15 PM	8:00-8:45	8:00-8:45	8:00-8:45	
8:30 PM				
8:45 PM		Closing Duties (8:45-9:00)	Closing Duties (8:45-9:00)	

Thursday (10 Lessons)				January 15 to March 26, 2026
EDUCATION POOL				NO Lessons February 19, 2026
4:15 PM		Opening Duties (4:15-4:30)	Opening Duties (4:15-4:30)	
4:30 PM	Swimmer 1	Swimmer 2	Preschool 1/2	Swimmer 3
4:45 PM	4:30-5:00	4:30-5:00	4:30-5:00	4:30-5:15
5:00 PM	Swimmer 2	Preschool 2/3	Swimmer 4	
5:15 PM	5:00-5:30	5:00-5:30	5:00-5:45	Swimmer 1
5:30 PM	Parent & Tot 1/2			5:15-5:45
5:45 PM	5:30-6:00	Ranger/Star		
6:00 PM		5:45-6:45	Preschool 5	Swimmer 5
6:15 PM	Swimmer 5		6:00-6:30	Preschool 3/4
6:30 PM	6:15-7:00		Swimmer 3	6:00-6:30
6:45 PM		Preschool 1/2	6:30-7:15	Parent & Tot 2/3
7:00 PM	Swimmer 1	6:45-7:15		6:30-7:00
7:15 PM	7:00-7:30			
7:30 PM		Swimmer 3	Swimmer 6	Swimmer 2
7:45 PM	Adult 2	7:30-8:15	7:30-8:15	7:15-7:45
8:00 PM	7:45-8:30			Swimmer 4
8:15 PM				7:45-8:30
8:30 PM	Closing Duties (8:30-8:45)			Closing Duties (8:30-8:45)

Friday (10 Lessons)				January 16 to March 27, 2026
EDUCATION POOL				NO Lessons February 20, 2026
4:15 PM	Opening Duties (4:15-4:30)			Opening Duties (4:15-4:30)
4:30 PM	Swimmer 4 4:30-5:15	Preschool 2/3 4:30-5:00	Swimmer 1 4:30-5:00	Swimmer 2 4:30-5:00
4:45 PM				
5:00 PM	Swimmer 1 5:15-5:45	Swimmer 6 5:00-5:45	Swimmer 2 5:00-5:30	Preschool 1/2 5:00-5:30
5:15 PM				
5:30 PM	5:15-5:45			
5:45 PM			Swimmer 2 5:45-6:15	Preschool 3/4 5:45-6:15
6:00 PM	Swimmer 3 6:00-6:45	Preschool 1/2 6:00-6:30	Parent & Tot 2/3 6:15-6:45	Swimmer 1 6:15-6:45
6:15 PM		Preschool 2/3 6:30-7:00		
6:30 PM	Preschool 5 6:45-7:15			
6:45 PM				
7:00 PM			Preschool 3/4 7:00-7:30	Swimmer 3 7:00-7:45
7:15 PM		Swimmer 2 7:15-7:45	Rookie 7:30-8:30	
7:30 PM	Swimmer 6 7:30-8:15	Swimmer 4 7:45-8:30		
7:45 PM				
8:00 PM				
8:15 PM				
8:30 PM		Closing Duties (8:30-8:45)	Closing Duties (8:30-8:45)	

Saturday (9 lessons)				January 17 to March 28, 2026
PAC POOL				NO Lessons February 14/21, 2026
9:15 AM		Opening Duties (9:15-9:30)	Opening Duties (9:15-9:30)	
9:30 AM	Parent & Tot 1/2 9:30-10:00	Preschool 1/2 9:30-10:00	Swimmer 1 9:30-10:00	Swimmer 4 9:30-10:15
9:45 AM				
10:00 AM	Swimmer 1 10:00-10:30	Preschool 2/3 10:00-10:30	Preschool 3/4 10:00-10:30	Preschool 5 10:15-10:45
10:15 AM	Swimmer 2 10:30-11:00		Parent & Tot 2/3 10:30-11:00	
10:30 AM				
10:45 AM	10:30-11:00	Swimmer 3 10:45-11:30	10:30-11:00	
11:00 AM				Swimmer 1 11:00-11:30
11:15 AM	Preschool 1/2 11:15-11:45	Rookie 11:30-12:30	Swimmer 5 11:15-12:00	Preschool 3/4 11:30-12:00
11:30 AM				
11:45 AM	Swimmer 4 11:45-12:30		Swimmer 1 12:00-12:30	Swimmer 2 12:00-12:30
12:00 PM				
12:15 PM				
12:30 PM	LUNCH 12:30-1:00	LUNCH 12:30-1:00	LUNCH 12:30-1:00	LUNCH 12:30-1:00
12:45 PM				
1:00 PM	Swimmer 3 1:00-1:45	Preschool 1/2 1:00-1:30	Preschool 2/3 1:00-1:30	Swimmer 1 1:00-1:30
1:15 PM				
1:30 PM	Preschool 3/4 1:45-2:15	Swimmer 2 1:30-2:00	Ranger/Star 1:30-2:30	Swimmer 4 1:30-2:15
1:45 PM				
2:00 PM				
2:15 PM		Swimmer 6 2:15-3:00		Preschool 2/3 2:30-3:00
2:30 PM	Swimmer 5 2:30-3:15		Swimmer 3 2:45-3:30	
2:45 PM				
3:00 PM		Preschool 1/2 3:00-3:30		Swimmer 2 3:00-3:30
3:15 PM				
3:30 PM		Closing Duties (3:30-3:45)	Closing Duties (3:30-3:45)	

Saturday (9 Lessons)				January 17 to March 28, 2026
EDUCATION POOL				NO Lessons February 14/21, 2026
8:45 AM	Opening Duties (8:45-9:00)	Opening Duties (8:45-9:00)		
9:00 AM	Preschool 1/2 9:00-9:30	Swimmer 5 9:00-9:45	Swimmer 1 9:00-9:30	Parent & Tot 1/2 9:00-9:30
9:15 AM				
9:30 AM	Swimmer 3 9:30-10:15	Preschool 1/2 9:45-10:15	Swimmer 2 9:30-10:00	Preschool 2/3 9:30-10:00
9:45 AM				
10:00 AM				
10:15 AM			Preschool 3/4 10:15-10:45	Swimmer 1 10:15-10:45
10:30 AM	Swimmer 1 10:30-11:00	Rookie 10:30-11:30	Preschool 1/2 10:45-11:15	Swimmer 2 10:45-11:15
10:45 AM				
11:00 AM	Swimmer 4 11:00-11:45			
11:15 AM		Swimmer 3 11:30-12:15	Swimmer 1 11:30-12:00	Ranger/Star 11:30-12:30
11:30 AM				
11:45 AM	Preschool 2/3 11:45-12:15		Preschool 5 12:00-12:30	
12:00 PM				
12:15 PM				
12:30 PM			Closing Duties (12:30-12:45)	Closing Duties (12:30-12:45)

Women's Only Saturday (9 Lessons)			January 17 to March 28, 2026
EDUCATION POOL			NO Lessons February 14/21, 2026
12:45 PM	Opening Duties (12:45-1:00)		Opening Duties (12:45-1:00)
1:00 PM	Swimmer 1 1:00-1:30		Lane Swim 1:00-2:30
1:15 PM			
1:30 PM	Swimmer 2/3 1:30-2:00	Swimmer 1 1:30-2:00	
1:45 PM			
2:00 PM	Swimmer 1 2:00-2:30	Swimmer 1 2:00-2:30	
2:15 PM			
2:30 PM			
2:45 PM	Swimmer 1 2:45-3:15	Swimmer 5/6 2:45-3:15	Swimmer 1 2:45-3:15
3:00 PM			
3:15 PM	Swimmer 1 3:15-3:45	Adult 1 3:15-3:45	
3:30 PM			
3:45 PM		Closing Duties (3:45-4:00)	Closing Duties (3:45-4:00)

Sunday (9 Lessons)					January 18 to March 29, 2026
EDUCATION POOL					NO Lessons February 15/22, 2026
8:45 AM		Opening Duties (8:45-9:00)			Opening Duties (8:45-9:00)
9:00 AM	Swimmer 2 9:00-9:30	Swimmer 3 9:00-9:45	Preschool 1/2 9:00-9:30		Parent & Tot 2/3 9:00-9:30
9:15 AM					
9:30 AM	Preschool 3/4 9:30-10:00		Swimmer 2 9:30-10:00		Preschool 1/2 9:30-10:00
9:45 AM		Preschool 1/2 9:45-10:15			
10:00 AM	Swimmer 1 10:00-10:30				
10:15 AM			Preschool 3/4 10:15-10:45		Preschool 2/3 10:15-10:45
10:30 AM		Swimmer 1 10:30-11:00			Swimmer 1 10:45-11:15
10:45 AM	Parent & Tot 1/2 10:45-11:15	Preschool 3/4 11:00-11:30	Swimmer 6 10:45-11:30		
11:00 AM					Swimmer 5 11:15-12:00
11:15 AM	Swimmer 1 11:15-11:45	Swimmer 2 11:30-12:00	LUNCH 11:30-12:00		
11:30 AM					
11:45 AM	Preschool 2/3 11:45-12:15	LUNCH 12:00-12:30	Swimmer 4 12:00-12:45		LUNCH 12:00-12:30
12:00 PM					
12:15 PM		Preschool 1/2 12:30-1:00			Ranger/Star 12:30-1:30
12:30 PM			Swimmer 3 12:45-1:30	Preschool 2/3 12:45-1:15	
12:45 PM					
1:00 PM		Swimmer 3 1:00-1:45			Swimmer 1 1:30-2:00
1:15 PM					
1:30 PM				Swimmer 4 1:30-2:15	
1:45 PM			Rookie 1:45-2:45		
2:00 PM		Swimmer 2 2:00-2:30		Preschool 3/4 2:15-2:45	Preschool 3/4 2:15-2:45
2:15 PM					
2:30 PM		Preschool 1/2 2:30-3:00		Preschool 1/2 2:45-3:15	Swimmer 1 2:45-3:15
2:45 PM			Swimmer 2 2:45-3:15		
3:00 PM					
3:15 PM			Closing Duties (3:15-3:30)		Closing Duties (3:15-3:30)