

Monday (10 lessons) January 12 to March 23, 2026

EDUCATION POOL NO Lessons February 16, 2025

4:15 PM	Opening Duties (4:15-4:30)		Opening Duties (4:15-4:30)	
4:30 PM	Swimmer 5 4:30-5:15	Swimmer 1 4:30-5:00	Preschool 1/2 4:30-5:00	Swimmer 3 4:30-5:15
4:45 PM			Swimmer 2 5:00-6:00	Swimmer 2 5:00-5:30
5:00 PM	Swimmer 2 5:15-5:45	Preschool 2/3 5:45-6:15		
5:15 PM		Preschool 5 6:00-6:30	Parent & Tot 1/2 6:15-6:45	Swimmer 3 6:15-7:00
5:30 PM	Preschool 1/2 6:30-7:00			Swimmer 1 6:45-7:15
5:45 PM		Swimmer 2 7:15-7:45	Swimmer 4 7:30-8:15	
6:00 PM	Swimmer 3 7:45-8:30			Adult 1 8:00-8:45
6:15 PM		Swimmer 2 7:00-7:30	Swimmer 2 7:15-7:45	
6:30 PM	Ranger/Star 7:30-8:30			Swimmer 5 7:45-8:30
6:45 PM		Swimmer 2 7:00-7:30	Swimmer 2 7:15-7:45	
7:00 PM	Swimmer 2 7:00-7:30			Swimmer 2 7:15-7:45
7:15 PM		Ranger/Star 7:30-8:30	Swimmer 5 7:45-8:30	
7:30 PM	Swimmer 2 7:00-7:30			Swimmer 2 7:15-7:45
7:45 PM		Swimmer 2 7:00-7:30	Swimmer 2 7:15-7:45	
8:00 PM	Swimmer 2 7:00-7:30			Swimmer 2 7:15-7:45
8:15 PM		Swimmer 2 7:00-7:30	Swimmer 2 7:15-7:45	
8:30 PM	Swimmer 2 7:00-7:30			Swimmer 2 7:15-7:45
8:45 PM		Swimmer 2 7:00-7:30	Swimmer 2 7:15-7:45	
	Closing Duties (8:45-9:00)			Closing Duties (8:45-9:00)

Tuesday (10 Lessons) January 13 to March 24, 2026

EDUCATION POOL NO Lessons February 17, 2026

4:15 PM	Opening Duties (4:15-4:30)		Opening Duties (4:15-4:30)	
4:30 PM	Swimmer 2 4:30-5:00	Preschool 1/2 4:30-5:00	Swimmer 3 4:30-5:15	Preschool 1/2 4:30-5:00
4:45 PM			Preschool 2/3 5:00-5:30	Parent & Tot 2/3 5:15-5:45
5:00 PM	Preschool 5 5:00-5:30	Swimmer 4 5:45-6:30		
5:15 PM			Preschool 1/2 5:45-6:15	Swimmer 1 6:00-6:30
5:30 PM	Parent & Tot 2/3 5:45-6:15	Preschool 3/4 6:30-7:00		
5:45 PM			Swimmer 2 6:15-6:45	Swimmer 2 6:30-7:00
6:00 PM	Swimmer 2 6:15-6:45	Swimmer 2 6:30-7:00		
6:15 PM			Swimmer 3 6:45-7:30	Preschool 3/4 7:00-7:30
6:30 PM	Swimmer 2 7:00-7:30	Swimmer 3 7:30-8:15		
6:45 PM			Swimmer 2 7:00-7:30	
7:00 PM	Ranger/Star 7:30-8:30			
7:15 PM		Swimmer 5 7:45-8:30		
7:30 PM	Swimmer 2 7:15-7:45			
7:45 PM		Swimmer 2 7:15-7:45		
8:00 PM	Swimmer 2 7:15-7:45			
8:15 PM		Swimmer 2 7:15-7:45		
8:30 PM	Swimmer 2 7:15-7:45			
		Closing Duties (8:30-8:45)		Closing Duties (8:30-8:45)

Wednesday (10 Lessons)

January 14 to March 25, 2026

EDUCATION POOL

NO Lessons February 18, 2026

4:15 PM				Opening Duties (4:15-4:30)
4:30 PM	Opening Duties (4:30-4:45)			Swimmer 3
4:45 PM	Preschool 1/2	Swimmer 4	Preschool 2/3	4:30-5:15
5:00 PM	4:45-5:15	4:45-5:30	4:45-5:15	
5:15 PM	Preschool 3/4		Swimmer 2	Swimmer 1
5:30 PM	5:15-5:45	Preschool 1/2	5:15-5:45	5:15-5:45
5:45 PM	Swimmer 2	5:30-6:00		
6:00 PM	5:45-6:15		Preschool 1/2	Swimmer 2
6:15 PM		Swimmer 1	6:00-6:30	6:00-6:30
6:30 PM	Swimmer 3	6:15-6:45	Swimmer 1	Preschool 1/2
6:45 PM	6:30-7:15	Preschool 1/2	6:30-7:00	6:30-7:00
7:00 PM		6:45-7:15		
7:15 PM	Preschool 3/4		Swimmer 5	Swimmer 1
7:30 PM	7:15-7:45	Swimmer 2	7:15-8:00	7:15-7:45
7:45 PM		7:30-8:00		Rookie
8:00 PM	Adult 3	Swimmer 6	Swimmer 4	7:45-8:45
8:15 PM	8:00-8:45	8:00-8:45	8:00-8:45	
8:30 PM				
8:45 PM		Closing Duties (8:45-9:00)	Closing Duties (8:45-9:00)	

Thursday (10 Lessons)

January 15 to March 26, 2026

EDUCATION POOL

NO Lessons February 19, 2026

4:15 PM		Opening Duties (4:15-4:30)	Opening Duties (4:15-4:30)	
4:30 PM	Swimmer 1	Swimmer 2	Preschool 1/2	Swimmer 3
4:45 PM	4:30-5:00	4:30-5:00	4:30-5:00	4:30-5:15
5:00 PM	Swimmer 2	Preschool 2/3	Swimmer 4	Preschool 1/2
5:15 PM	5:00-5:30	5:00-5:30	5:00-5:45	5:00-5:30
5:30 PM	Parent & Tot 1/2			Swimmer 1
5:45 PM	5:30-6:00	Ranger/Star		5:15-5:45
6:00 PM		5:45-6:45	Preschool 5	Swimmer 5
6:15 PM	Swimmer 5		6:00-6:30	5:45-6:30
6:30 PM	6:15-7:00		Swimmer 3	Preschool 3/4
6:45 PM		Preschool 1/2	6:30-7:15	6:00-6:30
7:00 PM	Swimmer 1	6:45-7:15		Parent & Tot 2/3
7:15 PM	7:00-7:30			6:30-7:00
7:30 PM		Swimmer 3	Swimmer 6	Swimmer 2
7:45 PM	Adult 2	7:30-8:15	7:30-8:15	7:15-7:45
8:00 PM	7:45-8:30			Swimmer 4
8:15 PM				7:45-8:30
8:30 PM	Closing Duties (8:30-8:45)			Closing Duties (8:30-8:45)

Friday (10 Lessons)

January 16 to March 27, 2026

EDUCATION POOL

NO Lessons February 20, 2026

4:15 PM	Opening Duties (4:15-4:30)			Opening Duties (4:15-4:30)
4:30 PM	Swimmer 4	Preschool 2/3	Swimmer 1	Swimmer 2
4:45 PM	4:30-5:15	4:30-5:00	4:30-5:00	4:30-5:00
5:00 PM		Swimmer 6	Swimmer 2	Preschool 1/2
5:15 PM	Swimmer 1	5:00-5:45	5:00-5:30	5:00-5:30
5:30 PM	5:15-5:45			
5:45 PM			Swimmer 2	Preschool 3/4
6:00 PM	Swimmer 3	Preschool 1/2	5:45-6:15	5:45-6:15
6:15 PM	6:00-6:45	6:00-6:30	Parent & Tot 2/3	Swimmer 1
6:30 PM		Preschool 2/3	6:15-6:45	6:15-6:45
6:45 PM	Preschool 5	6:30-7:00		
7:00 PM	6:45-7:15		Preschool 3/4	Swimmer 3
7:15 PM		Swimmer 2	7:00-7:30	7:00-7:45
7:30 PM	Swimmer 6	7:15-7:45	Rookie	
7:45 PM	7:30-8:15	Swimmer 4	7:30-8:30	Swimmer 5
8:00 PM		7:45-8:30		7:45-8:30
8:15 PM				
8:30 PM		Closing Duties (8:30-8:45)	Closing Duties (8:30-8:45)	

Saturday (9 lessons)

January 17 to March 28, 2026

PAC POOL

NO Lessons February 14/21, 2026

9:15 AM		Opening Duties (9:15-9:30)	Opening Duties (9:15-9:30)	
9:30 AM	Parent & Tot 1/2	Preschool 1/2	Swimmer 1	Swimmer 4
9:45 AM	9:30-10:00	9:30-10:00	9:30-10:00	9:30-10:15
10:00 AM	Swimmer 1	Preschool 2/3	Preschool 3/4	
10:15 AM	10:00-10:30	10:00-10:30	10:00-10:30	Preschool 5
10:30 AM	Swimmer 2		Parent & Tot 2/3	10:15-10:45
10:45 AM	10:30-11:00	Swimmer 3	10:30-11:00	
11:00 AM		10:45-11:30		Swimmer 1
11:15 AM	Preschool 1/2		Swimmer 5	11:00-11:30
11:30 AM	11:15-11:45	Rookie	11:15-12:00	Preschool 3/4
11:45 AM	Swimmer 4	11:30-12:30		11:30-12:00
12:00 PM	11:45-12:30		Swimmer 1	Swimmer 2
12:15 PM			12:00-12:30	12:00-12:30
12:30 PM	LUNCH	LUNCH	LUNCH	LUNCH
12:45 PM	12:30-1:00	12:30-1:00	12:30-1:00	12:30-1:00
1:00 PM	Swimmer 3	Preschool 1/2	Preschool 2/3	Swimmer 1
1:15 PM	1:00-1:45	1:00-1:30	1:00-1:30	1:00-1:30
1:30 PM		Swimmer 2	Ranger/Star	Swimmer 4
1:45 PM	Preschool 3/4	1:30-2:00	1:30-2:30	1:30-2:15
2:00 PM	1:45-2:15			
2:15 PM		Swimmer 6		
2:30 PM	Swimmer 5	2:15-3:00		Preschool 2/3
2:45 PM	2:30-3:15		Swimmer 3	2:30-3:00
3:00 PM		Preschool 1/2	2:45-3:30	Swimmer 2
3:15 PM		3:00-3:30		3:00-3:30
3:30 PM		Closing Duties (3:30-3:45)	Closing Duties (3:30-3:45)	

Saturday (9 Lessons)				January 17 to March 28, 2026
EDUCATION POOL				NO Lessons February 14/21, 2026
8:45 AM	Opening Duties (8:45-9:00)	Opening Duties (8:45-9:00)		
9:00 AM	Preschool 1/2	Swimmer 5	Swimmer 1	Parent & Tot 1/2
9:15 AM	9:00-9:30	9:00-9:45	9:00-9:30	9:00-9:30
9:30 AM	Swimmer 3		Swimmer 2	Preschool 2/3
9:45 AM	9:30-10:15	Preschool 1/2	9:30-10:00	9:30-10:00
10:00 AM		9:45-10:15		
10:15 AM			Preschool 3/4	Swimmer 1
10:30 AM	Swimmer 1	Rookie	10:15-10:45	10:15-10:45
10:45 AM	10:30-11:00	10:30-11:30	Preschool 1/2	Swimmer 2
11:00 AM	Swimmer 4		10:45-11:15	10:45-11:15
11:15 AM	11:00-11:45			
11:30 AM		Swimmer 3	Swimmer 1	Ranger/Star
11:45 AM	Preschool 2/3	11:30-12:15	11:30-12:00	11:30-12:30
12:00 PM	11:45-12:15		Preschool 5	
12:15 PM			12:00-12:30	
12:30 PM			Closing Duties (12:30-12:45)	Closing Duties (12:30-12:45)

Women's Only Saturday (9 Lessons)				January 17 to March 28, 2026
EDUCATION POOL				NO Lessons February 14/21, 2026
12:45 PM	Opening Duties (12:45-1:00)		Opening Duties (12:45-1:00)	
1:00 PM	Swimmer 1			
1:15 PM	1:00-1:30			
1:30 PM	Swimmer 2/3	Swimmer 1	Lane Swim	
1:45 PM	1:30-2:00	1:30-2:00	1:00-2:30	
2:00 PM	Swimmer 1	Swimmer 1		
2:15 PM	2:00-2:30	2:00-2:30		
2:30 PM				
2:45 PM	Swimmer 1	Swimmer 5/6	Swimmer 1	
3:00 PM	2:45-3:15	2:45-3:15	2:45-3:15	
3:15 PM	Swimmer 1	Adult 1		
3:30 PM	3:15-3:45	3:15-3:45		
3:45 PM		Closing Duties (3:45-4:00)	Closing Duties (3:45-4:00)	

Sunday (9 Lessons)				January 18 to March 29, 2026
EDUCATION POOL				NO Lessons February 15/22, 2026
8:45 AM		Opening Duties (8:45-9:00)		Opening Duties (8:45-9:00)
9:00 AM	Swimmer 2	Swimmer 3	Preschool 1/2	Parent & Tot 2/3
9:15 AM	9:00-9:30	9:00-9:45	9:00-9:30	9:00-9:30
9:30 AM	Preschool 3/4		Swimmer 2	Preschool 1/2
9:45 AM	9:30-10:00	Preschool 1/2	9:30-10:00	9:30-10:00
10:00 AM	Swimmer 1	9:45-10:15		
10:15 AM	10:00-10:30		Preschool 3/4	Preschool 2/3
10:30 AM		Swimmer 1	10:15-10:45	10:15-10:45
10:45 AM	Parent & Tot 1/2	10:30-11:00	Swimmer 6	Swimmer 1
11:00 AM	10:45-11:15	Preschool 3/4	10:45-11:30	10:45-11:15
11:15 AM	Swimmer 1	11:00-11:30		Swimmer 5
11:30 AM	11:15-11:45	Swimmer 2	LUNCH	11:15-12:00
11:45 AM	Preschool 2/3	11:30-12:00	11:30-12:00	
12:00 PM	11:45-12:15	LUNCH	Swimmer 4	LUNCH
12:15 PM		12:00-12:30	12:00-12:45	12:00-12:30
12:30 PM		Preschool 1/2		Ranger/Star
12:45 PM		12:30-1:00	Swimmer 3	12:30-1:30
1:00 PM		Swimmer 3	12:45-1:30	
1:15 PM		1:00-1:45		
1:30 PM			Swimmer 4	Swimmer 1
1:45 PM			1:30-2:15	1:30-2:00
2:00 PM		Swimmer 2		
2:15 PM		2:00-2:30	Preschool 3/4	Preschool 3/4
2:30 PM		Preschool 1/2	2:15-2:45	2:15-2:45
2:45 PM		2:30-3:00	Swimmer 2	Swimmer 1
3:00 PM			2:45-3:15	2:45-3:15
3:15 PM			Closing Duties (3:15-3:30)	Closing Duties (3:15-3:30)