

Set A - 1x/Day (10 Lessons)			Monday to Friday & Monday to Friday	July 6 to July 10 & July 13 to July 17, 2026
EDUCATION POOL (AM)				
9:00 AM			Lane Swim 9:00-10:00 July 6 to July 10	Lane Swim 9:00-10:00 July 6 to July 10
9:15 AM			Tri Camp July 13 to 17	Tri Camp July 13 to 17
9:30 AM				
9:45 AM				
10:00 AM	Opening Duties (10:00-10:15)	Opening Duties (10:00-10:15)		
10:15 AM	Preschool 1/2 10:15-10:45	Swimmer 1 10:15-10:45	Swimmer 4 10:15-11:00	Swimmer 3 10:15-11:00
10:30 AM				
10:45 AM	Swimmer 2 10:45-11:15	Preschool 2/3 10:45-11:15	Swimmer 1 11:00-11:30	Swimmer 6 11:00-11:45
11:00 AM				
11:15 AM				
11:30 AM	Swimmer 5 11:30-12:15	Rookie 11:30-12:30	Swimmer 3 11:45-12:30	Swimmer 2 12:00-12:30
11:45 AM				
12:00 PM				
12:15 AM	Swimmer 4 12:15-1:00	Preschool 2/3 12:30-1:00	Swimmer 2 12:30-1:00	Swimmer 1 12:30-1:00
12:30 AM				
12:45 AM				
1:00 PM			Closing Duties (1:00-1:15)	Closing Duties (1:00-1:15)

Set B - 1x/Day (10 Lessons)		Monday to Friday & Monday to Friday	July 6 to July 10 & July 13 to July 17, 2026
EDUCATION POOL (PM)			
4:00 PM	Opening Duties (4:00-4:15)		Opening Duties (4:00-4:15)
4:15 PM	Swimmer 1	Swimmer 4	Preschool 1
4:30 PM	4:15-4:45	4:15-5:00	4:15-4:45
4:45 PM	Swimmer 5		Preschool 2/3
5:00 PM	4:45-5:30	Parent & Tot 2/3	4:45-5:15
5:15 PM		5:00-5:30	
5:30 PM			Swimmer 2
5:45 PM	Preschool 4/5	Swimmer 4	5:30-6:00
6:00 PM	5:45-6:15	5:45-6:30	Swimmer 3
6:15 PM	Swimmer 2		6:00-6:45
6:30 PM	6:15-6:45	Swimmer 3	
6:45 PM		6:30-7:15	Preschool 4/5
7:00 PM	Preschool 1		6:45-7:15
7:15 PM	7:00-7:30		
7:30 PM	Ranger/Star	Rookie	Swimmer 6
7:45 PM	7:30-8:30	7:30-8:30	7:30-8:15
8:00 PM			
8:15 PM			Youth Swimmer 1
8:30 PM	Adult 1	Youth Swimmer 2/3	8:15-9:00
8:45 PM	8:30-9:15	8:30-9:15	
9:00 PM			
9:15 PM	Closing Duties (9:15-9:30)	Closing Duties (9:15-9:30)	

Set C - 2x/Day (9 Lessons)			Monday to Friday AM	July 6 to July 10, 2026
PAC POOL				
8:45 am/1:15 pm			Opening Duties (8:45 am/1:15 pm)	Opening Duties (8:45 am/1:15 pm)
9:00am/1:30 pm	Swimmer 1	Preschool 1	Swimmer 6	Swimmer 4
9:15 am/1:45 pm	9:00-9:30/1:30-2:00	9:00-9:30/1:30-2:00	9:00-9:45/1:30-2:15	9:00-9:45/1:30-2:15
9:30 am/2:00 pm	Swimmer 3	Swimmer 2	Swimmer 1	Swimmer 6
9:45 am/2:15 pm	9:30-10:15/2:00-2:45	9:30-10:00/2:00-2:30	9:45-10:15/2:15-2:45	9:45-10:30/2:15-3:00
10:00 am/2:30pm		Swimmer 3	Swimmer 3	Swimmer 2
10:15 am/2:45 pm		10:15-11:00/2:45-3:30	10:30-11:15/3:00-3:45	10:45-11:15/3:15-3:45
10:30 am/3:00 pm	Swimmer 5	Ranger/Star	Preschool 4/5	Preschool 2/3
10:45 am/3:15 pm	10:30-11:15/3:00-3:45	11:00-12:00/3:30-4:30	11:15-11:45/3:45-4:15	11:15-11:45/3:45-4:15
11:00 am/3:30 pm	Swimmer 4			
11:15 am/3:45 pm	11:15-12:00/3:45-4:30			
11:30 am/4:00 pm				
11:45 am/4:15 pm				
12:00 pm/4:30 pm	Closing Duties (12:00 pm/4:30 pm)	Closing Duties (12:00 pm/4:30 pm)		

Set F - 1x/Day (10 Lessons)		Monday to Friday & Monday to Friday	July 13 to 17 & July 20 to July 25, 2026
PAC POOL			
1:15 PM	Opening Duties (1:15-1:30)		Opening Duties (1:15-1:30)
1:30 PM	Swimmer 4 1:30-2:15	Swimmer 1 1:30-2:00	Swimmer 2 1:30-2:00
1:45 PM			
2:00 PM		Swimmer 3 2:00-2:45	Swimmer 6 2:00-2:45
2:15 PM	Preschool 4/5 2:15-2:45		
2:30 PM			
2:45PM			
3:00 PM	Swimmer 5 3:00-3:45	Preschool 2/3 3:00-3:30	Swimmer 1 3:00-3:30
3:15 PM			
3:30 PM		Preschool 1/2 3:30-4:00	Rookie 3:30-4:30
3:45 PM	Swimmer 3 3:45-4:30		
4:00 PM		Swimmer 2 4:00-4:30	
4:15 PM			
4:30 PM		Closing Duties (4:30-4:45)	Closing Duties (4:30-4:45)

Set G - 1x/Day (10 Lessons)			Monday to Friday & Monday to Friday	July 20 to 24 & July 27 to July 31, 2026
EDUCATION POOL (AM)				
9:00 AM	Opening Duties (9:00-9:15)		Opening Duties (9:00-9:15)	
9:15 AM	Preschool 3/4	Preschool 1	Swimmer 3	Swimmer 5
9:30 AM	9:15-9:45	9:15-9:45	9:15-10:00	9:15-10:00
9:45 AM	Swimmer 2	Swimmer 6	Swimmer 4	Swimmer 1
10:00 AM	9:45-10:15	9:45-10:30	10:00-10:45	10:00-10:30
10:15 AM				
10:30 AM	Swimmer 1	Swimmer 4	Rookie	Swimmer 3
10:45 AM	10:30-11:00	10:45-11:30	11:00-12:00	10:45-11:30
11:00 AM	Ranger/Star	Swimmer 2		Preschool 1/2
11:15 AM	11:00-12:00	11:30-12:00		11:30-12:00
11:30 AM				
11:45 AM				
12:00 PM	Closing Duties (12:00-12:15)		Closing Duties (12:00-12:15)	

Set H - 1x/Day (10 Lessons)			Monday to Friday & Monday to Friday	July 20 to July 24 & July 27 to July 31, 2026
EDUCATION POOL (PM)				
4:15 PM		Opening Duties (4:15-4:30)		Opening Duties (4:15-4:30)
4:30 PM	Preschool 1 4:30-5:00	Swimmer 1 4:30-5:00	Swimmer 3 4:30-5:15	Swimmer 2 4:30-5:00
4:45 PM				Swimmer 3 5:00-5:45
5:00 PM	Swimmer 2 5:00-5:30	Ranger/Star 5:00-6:00	Parent & Tot 2/3 5:15-5:45	
5:15 PM				
5:30 PM	Swimmer 4 5:30-6:15			
5:45 PM				
6:00 PM		Preschool 1/2 6:00-6:30	Preschool 1/2 6:00-6:30	Rookie 6:00-7:00
6:15 PM		Preschool 1/2 6:15-6:45	Swimmer 3 6:30-7:15	
6:30 PM	Preschool 4/5 6:30-7:00	Swimmer 1 6:45-7:15	Swimmer 1 7:15-7:45	Preschool 2/3 7:00-7:30
6:45 PM		Preschool 1/2 7:15-7:45		
7:00 PM	Swimmer 4 7:00-7:45			
7:15 PM				
7:30 PM				
7:45 PM	Swimmer 5 7:45-8:30			Swimmer 1 7:45-8:15
8:00 PM		Swimmer 3 8:00-8:45	Swimmer 4 8:00-8:45	
8:15 PM				Swimmer 6 8:15-9:00
8:30 PM				
8:45 PM	Adult 1 8:45-9:30	Adult 1 8:45-9:30	Adult 3 8:45-9:30	
9:00 PM				
9:15 PM				
9:30 PM	Closing Duties (9:30-9:45)		Closing Duties (9:30-9:45)	

Set J - 2x/Day (9 Lessons)			Monday to Friday AM	July 27 to July 31, 2026
PAC POOL				
8:45 am/1:15 pm	Opening Duties (8-45 am/1:15 pm)			Opening Duties (8-45 am/1:15 pm)
9:00am/1:30 pm	Preschool 1/2	Swimmer 1	Swimmer 6	Swimmer 4
9:15 am/1:45 pm	9:00-9:30/1:30-2:00	9:00-9:30/1:30-2:00	9:00-9:45/1:30-2:15	9:00-9:45/1:30-2:15
9:30 am/2:00 pm	Swimmer 2	Swimmer 3	Preschool 4/5	Swimmer 3
9:45 am/2:15 pm	9:30-10:00/2:00-2:30	9:30-10:15/2:00-2:45	9:45-10:15/2:15-2:45	9:45-10:30/2:15-3:00
10:00 am/2:30pm				
10:15 am/2:45 pm	Swimmer 4			
10:30 am/3:00 pm	10:15-11:00/2:45-3:30	Rookie	Swimmer 5	Swimmer 1
10:45 am/3:15 pm		10:30-11:30/3:00-4:00	10:30-11:15/3:00-3:45	10:45-11:15/3:15-3:45
11:00 am/3:30 pm	Swimmer 3		Preschool 2/3	Swimmer 2
11:15 am/3:45 pm	11:00-11:45/3:30-4:15	Preschool 1/2	11:15-11:45/3:45-4:15	11:15-11:45/3:45-4:15
11:30 am/4:00 pm		11:30-12:00/4:00-4:30		
11:45 am/4:15 pm		Closing Duties (12:00 pm/4:30 pm)	Closing Duties (12:00 pm/4:30 pm)	
12:00 pm/4:30 pm				

Set L - 1x/Day (9 Lessons)		Tuesday to Friday & Monday to Friday	August 4 to 7 & August 10 to 14, 2026
EDUCATION POOL (AM)			
8:45 AM		Opening Duties (8:45-9:00)	Opening Duties (8:45-9:00)
9:00 AM	Preschool 1/2	Swimmer 2 9:00-9:30	Swimmer 4 9:00-9:45
9:15 AM	9:00-9:30		
9:30 AM	Swimmer 1	Ranger/Star 9:30-10:30	
9:45 AM	9:30-10:00		Preschool 1/2 9:45-10:15
10:00 AM			
10:15 AM	Swimmer 5		
10:30 AM	10:15-11:00		Youth Swimmer 3 10:30-11:15
10:45 AM		Youth Swimmer 1/2 10:45-11:30	
11:00 AM	Swimmer 3		
11:15 AM	11:00-11:45		Rookie 11:15-12:15
11:30 AM		Swimmer 6 11:30-12:15	
11:45 AM	Preschool 2/3		
12:00 PM	11:45-12:15		
12:15 PM	Closing Duties (12:15-12:30)		Closing Duties (12:15-12:30)

Set M - 1x/Day (9 Lessons)		Tuesday to Friday & Monday to Friday	August 4 to 7 & August 10 to 14, 2026
EDUCATION POOL (PM)			
4:15 PM		Opening Duties (4:15-4:30)	Opening Duties (4:15-4:30)
4:30 PM	Preschool 1/2	Swimmer 1	Swimmer 3
4:45 PM	4:30-5:00	4:30-5:00	4:30-5:15
5:00 PM	Swimmer 2	Rookie	
5:15 PM	5:00-5:30	5:00-6:00	Parent & Tot 2/3
5:30 PM	Swimmer 3		5:15-5:45
5:45 PM	5:30-6:15		
6:00 PM		Preschool 2/3	Swimmer 2
6:15 PM		6:00-6:30	6:00-6:30
6:30 PM	Preschool 4/5		Swimmer 6
6:45 PM	6:30-7:00	Swimmer 3	6:30-7:15
7:00 PM	Swimmer 4	6:45-7:30	
7:15 PM	7:00-7:45		Swimmer 1
7:30 PM		Youth Swimmer 2/3	7:15-7:45
7:45 PM	Swimmer 5	7:30-8:15	
8:00 PM	7:45-8:30		Swimmer 4
8:15 PM			8:00-8:45
8:30 PM		Ranger/Star	
8:45 PM	Adult 1	8:30-9:30	Adult 1
9:00 PM	8:45-9:30		8:45-9:30
9:15 PM			
9:30 PM	Closing Duties (9:30-9:45)		Closing Duties (9:30-9:45)

Set O - 1x/Day (9 Lessons)		Tuesday to Friday & Monday to Friday		August 4-7 & August 10-14, 2026
PAC POOL				
1:15 PM	Opening Duties (1:15-1:30)			Opening Duties (1:15-1:30)
1:30 PM	Youth Swimmer 1/2	Swimmer 5		Ranger/Star
1:45 PM	1:30-2:15	1:30-2:15		1:30-2:30
2:00 PM				
2:15 PM	Youth Swimmer 3	Preschool 1/2		Swimmer 2
2:30 PM	2:15-3:00	2:15-2:45		2:30-3:00
2:45 PM				
3:00 PM		Swimmer 1		Preschool 2/3
3:15 PM	Rookie	3:00-3:30		3:15-3:45
3:30 PM	3:15-4:15	Swimmer 4		Swimmer 3
3:45 PM		3:30-4:15		3:45-4:30
4:00 PM				
4:15 PM				
4:30 PM		Closing Duties (4:30-4:45)		Closing Duties (4:30-4:45)

Set Q - 1x/Day (10 Lessons)			Monday to Friday & Monday to Friday	August 17-21 & August 24-28, 2026
EDUCATION POOL (AM)				
8:45 AM		Opening Duties (8:45-9:00)		Opening Duties (8:45-9:00)
9:00 AM	Swimmer 1	Parent & Tot 2/3	Swimmer 4	Preschool 1
9:15 AM	9:00-9:30	9:00-9:30	9:00-9:45	9:00-9:30
9:30 AM	Preschool 4/5	Ranger/Star		Swimmer 2
9:45 AM	9:30-10:00	9:30-10:30	Swimmer 5	9:30-10:00
10:00 AM	Swimmer 3		9:45-10:30	Preschool 2/3
10:15 AM	10:00-10:45			10:00-10:30
10:30 AM				
10:45 AM		Swimmer 2	Preschool 2/3	Swimmer 6
11:00 AM	Swimmer 4	10:45-11:15	10:45-11:15	10:45-11:30
11:15 AM	11:00-11:45	Preschool 4/5	Rookie	
11:30 AM		11:15-11:45	11:15-12:15	Swimmer 3
11:45 AM	Preschool 1/2	Swimmer 1		11:30-12:15
12:00 PM	11:45-12:15	11:45-12:15		
12:15 PM	Closing Duties (12:15-12:30)		Closing Duties (12:15-12:30)	

Set R - 1x/Day (10 Lessons)		Monday to Friday & Monday to Friday		August 17-21 & August 24-28, 2026
EDUCATION POOL (PM)				
4:15 PM		Opening Duties (4:15-4:30)		Opening Duties (4:15-4:30)
4:30 PM	Preschool 1 4:30-5:00	Swimmer 1 4:30-5:00	Swimmer 3 4:30-5:15	Swimmer 2 4:30-5:00
4:45 PM				Swimmer 3 5:00-5:45
5:00 PM	Swimmer 2 5:00-5:30	Ranger/Star 5:00-6:00	Parent & Tot 2/3 5:15-5:45	
5:15 PM				
5:30 PM	Swimmer 4 5:30-6:15			
5:45 PM				
6:00 PM			Preschool 1/2 6:00-6:30	Preschool 1 6:00-6:30
6:15 PM		Rookie 6:15-7:15	Swimmer 6 6:30-7:15	Swimmer 1 6:30-7:00
6:30 PM	Preschool 4/5 6:30-7:00		Swimmer 1 7:15-7:45	Preschool 2/3 7:15-7:45
6:45 PM				
7:00 PM	Swimmer 4 7:00-7:45	Preschool 1/2 7:15-7:45		
7:15 PM				
7:30 PM				
7:45 PM	Swimmer 5 7:45-8:30			Swimmer 1 7:45-8:15
8:00 PM		Swimmer 3 8:00-8:45	Adult 1 8:00-8:45	Swimmer 3 8:15-9:00
8:15 PM				
8:30 PM				
8:45 PM	Adult 1 8:45-9:30	Youth Swimmer 2/3 8:45-9:30	Adult 3 8:45-9:30	
9:00 PM				
9:15 PM				
9:30 PM	Closing Duties (9:30-9:45)		Closing Duties (9:30-9:45)	

Set T - 2x/Day (9 Lessons)			Monday to Friday AM	August 17 to August 21, 2026
PAC POOL				
8:45 am/1:15 pm		Opening Duties (8:45-9:00/1:15-1:30)		Opening Duties (8:45-9:00/1:15-1:30)
9:00am/1:30 pm	Swimmer 2 9:00-9:30/1:30-2:00	Swimmer 4 9:00-9:45/1:30-2:15	Ranger/Star 9:00-10:00/1:30-2:30	Preschool 4/5 9:00-9:30/1:30-2:00
9:15 am/1:45 pm				Swimmer 5 9:30-10:15/2:00-2:45
9:30 am/2:00 pm	Swimmer 3 9:30-10:15/2:00-2:45	Swimmer 2 9:45-10:15/2:15-2:45	Swimmer 1 10:00-10:30/2:30-3:00	
9:45 am/2:15 pm				Swimmer 3 10:30-11:15/3:00-3:45
10:00 am/2:30pm				Swimmer 2 11:15-11:45/3:45-4:15
10:15 am/2:45 pm				
10:30 am/3:00 pm	Preschool 2/3 10:30-11:00/3:00-3:30	Swimmer 1 10:30-11:00/3:00-3:30	Preschool 1/2 10:45-11:15/3:15-3:45	
10:45 am/3:15 pm			Swimmer 4 11:15-12:00/3:45-4:30	
11:00 am/3:30 pm	Rookie 11:00-12:00/3:30-4:30	Swimmer 6 11:00-11:45/3:30-4:15		
11:15 am/3:45 pm				
11:30 am/4:00 pm				
11:45 am/4:15 pm				
12:00 pm/4:30 pm	Closing Duties (12:00-12:15/4:30-4:45)			Closing Duties (12:00-12:15/4:30-4:45)