

June 1, 2026 – August 31, 2026

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
					10:00 - 11:00 Fitness Yoga	9:15 – 10:00 Spin
					PAC 101	Fit Studio
						10:15 – 11:00 Barre
						PAC 101
12:05-12:50 Spin	12:05-12:50 Sculpt	12:05-12:50 Step	12:05 – 12:50 Cardio & Sculpt	12:05 – 12:50 Spin & Core		
Fit Studio	Fit Studio	Fit Studio	Fit Studio	Fit Studio		
12:05-12:50 Zumba	12:05 – 12:50 Yoga	12:05 -12:50 Barre	12:05 – 12:50 Fitness Yoga	12:05 – 12:50 Cardio Salsa		
PAC 101	PAC 101	PAC 101	PAC 101	(June Only) PAC 101		
4:45-5:45 Zumba	4:30 – 5:15 Barre (June Only)	4:45 -5:45 Fitness Yoga	4:45-5:45 Yoga Sculpt	12:05 – 12:50 Sculpt (Start July)		
PAC 101	PAC 101	PAC 101	Fit Studio	PAC 101		
4:45 – 5:45 Step & Sculpt	4:45-5:45 PiYo	4:45 – 5:30 Sculpt	5:45 -6:45 Sculpt	4:45 -5:45 Yoga		
Fit Studio	Fit Studio	Fit Studio	PAC 101	PAC 101		
	5:45 – 6:45 Sculpt	5:45 – 6:45 Spin				
	PAC 101	Fit Studio				