

Set A - 1x/Day (10 Lessons)

Monday to Friday & Monday to Friday

July 7 to July 11 & July 14 to July 18, 2025

EDUCATION POOL (AM)

9:00 AM	Tri Camp 9:00-10:00 July 14 to July 18	Tri Camp 9:00-10:00 July 14 to July 18	Lane Swim 9:00-10:00 July 7 to July 11	Lane Swim 9:00-10:00 July 7 to July 11
9:15 AM				
9:30 AM				
9:45 AM				
10:00 AM	Opening Duties (10:00-10:15)	Opening Duties (9:00-9:15)		
10:15 AM	Preschool 1/2 10:15-10:45	Swimmer 1 10:15-10:45	Swimmer 4 10:15-11:00	Swimmer 3 10:15-11:00
10:30 AM				
10:45 AM	Swimmer 2 10:45-11:15	Preschool 2/3 10:45-11:15	Swimmer 1 11:00-11:30	Swimmer 6 11:00-11:45
11:00 AM				
11:15 AM				
11:30 AM	Swimmer 5 11:30-12:15	Rookie 11:30-12:30	Swimmer 3 11:45-12:30	Swimmer 2 12:00-12:30
11:45 AM				
12:00 PM				
12:15 AM	Swimmer 4 12:15-1:00	Preschool 2/3 12:30-1:00	Swimmer 2 12:30-1:00	Swimmer 1 12:30-1:00
12:30 AM				
12:45 AM				
1:00 PM			Closing Duties (1:00-1:15)	Closing Duties (1:00-1:15)

Set B - 1x/Day (10 Lessons)

Monday to Friday & Monday to Friday

July 7 to July 11 & July 14 to July 18, 2025

EDUCATION POOL (PM)

4:00 PM	Opening Duties (4:00-4:15)		Opening Duties (4:00-4:15)	
4:15 PM	Swimmer 1 4:15-4:45	Swimmer 4 4:15-5:00	Preschool 1 4:15-4:45	
4:30 PM			Preschool 2/3 4:45-5:15	
4:45 PM	Swimmer 5 4:45-5:30	Parent & Tot 2/3 5:00-5:30		
5:00 PM				
5:15 PM				
5:30 PM			Swimmer 2 5:30-6:00	
5:45 PM	Preschool 4/5 5:45-6:15	Swimmer 4 5:45-6:30	Swimmer 3 6:00-6:45	
6:00 PM				
6:15 PM	Swimmer 2 6:15-6:45	Swimmer 3 6:30-7:15	Preschool 4/5 6:45-7:15	
6:30 PM				
6:45 PM				
7:00 PM	Preschool 1 7:00-7:30			
7:15 PM				
7:30 PM	Ranger/Star 7:30-8:30	Rookie 7:30-8:30	Swimmer 6 7:30-8:15	
7:45 PM				
8:00 PM				
8:15 PM			Youth Swimmer 1 8:15-9:00	
8:30 PM	Adult 1 8:30-9:15	Youth Swimmer 2/3 8:30-9:15		
8:45 PM				
9:00 PM				
9:15 PM	Closing Duties (9:15-9:30)		Closing Duties (9:15-9:30)	

Set C - 1x/Day (10 Lessons)

Monday to Friday & Monday to Friday July 7 to July 11 & July 14 to July 18, 2025

PAC POOL				
Time			Opening Duties (1:15-1:30)	Opening Duties (1:15-1:30)
1:15 PM				
1:30 PM	Swimmer 1	Preschool 1	Swimmer 6	Swimmer 4
1:45 PM	1:30-2:00	1:30-2:00	1:30-2:15	1:30-2:15
2:00 PM	Swimmer 3	Swimmer 2		
2:15 PM	2:00-2:45	2:00-2:30	Swimmer 1	Swimmer 6
2:30 PM			2:15-2:45	2:15-3:00
2:45 PM		Swimmer 3		
3:00 PM	Swimmer 5	2:45-3:30	Swimmer 3	
3:15 PM	3:00-3:45		3:00-3:45	Swimmer 2
3:30 PM		Ranger/Star		3:15-3:45
3:45 PM	Swimmer 4	3:30-4:30	Preschool 4/5	Preschool 2/3
4:00 PM	3:45-4:30		3:45-4:15	3:45-4:15
4:15 PM				
4:30 PM	Closing Duties (4:30-4:45)	Closing Duties (4:30-4:45)		

Set F - 1x/Day (10 Lessons)

Monday to Friday & Monday to Friday July 21 to July 25 & July 28 to August 1, 2025

EDUCATION POOL (AM)

9:00 AM	Opening Duties (9:00-9:15)		Opening Duties (9:00-9:15)	
9:15 AM	Preschool 3/4 9:15-9:45	Preschool 1 9:15-9:45	Swimmer 3 9:15-10:00	Swimmer 5 9:15-10:00
9:30 AM				
9:45 AM	Swimmer 2 9:45-10:15	Swimmer 6 9:45-10:30	Swimmer 4 10:00-10:45	Swimmer 1 10:00-10:30
10:00 AM				
10:15 AM				
10:30 AM	Swimmer 1 10:30-11:00	Swimmer 4 10:45-11:30	Swimmer 5 11:00-11:45	Swimmer 3 10:45-11:30
10:45 AM				
11:00 AM	Ranger/Star 11:00-12:00	Swimmer 2 11:30-12:00	Preschool 1/2 11:30-12:00	
11:15 AM				
11:30 AM				
11:45 AM				
12:00 PM	Closing Duties (12:00-12:15)		Closing Duties (12:00-12:15)	

Set G - 1x/Day (10 Lessons)

Monday to Friday & Monday to Friday July 21 to July 25 & July 28 to August 1, 2025

EDUCATION POOL (PM)

4:15 PM	Opening Duties (4:15-4:30)		Opening Duties (4:15-4:30)	
4:30 PM	Preschool 1 4:30-5:00	Swimmer 1 4:30-5:00	Swimmer 3 4:30-5:15	Swimmer 2 4:30-5:00
4:45 PM				
5:00 PM	Swimmer 2 5:00-5:30	Ranger/Star 5:00-6:00	Parent & Tot 2/3 5:15-5:45	Swimmer 3 5:00-5:45
5:15 PM				
5:30 PM	Swimmer 4 5:30-6:15			
5:45 PM				
6:00 PM			Preschool 1/2 6:00-6:30	Preschool 1 6:00-6:30
6:15 PM	Rookie 6:15-7:15		Swimmer 6 6:30-7:15	Swimmer 1 6:30-7:00
6:30 PM	Preschool 4/5 6:30-7:00			
6:45 PM				
7:00 PM	Swimmer 4 7:00-7:45	Preschool 1/2 7:15-7:45	Swimmer 1 7:15-7:45	Preschool 2/3 7:15-7:45
7:15 PM				
7:30 PM	Swimmer 5 7:45-8:30			Swimmer 1 7:45-8:15
7:45 PM		Swimmer 3 8:00-8:45	Swimmer 4 8:00-8:45	Swimmer 3 8:15-9:00
8:00 PM				
8:15 PM				
8:30 PM				
8:45 PM	Adult 1 8:45-9:30	Youth Swimmer 2/3 8:45-9:30	Adult 3 8:45-9:30	
9:00 PM				
9:15 PM				
9:30 PM	Closing Duties (9:30-9:45)		Closing Duties (9:30-9:45)	

Set H - 1x/Day (10 Lessons)

Monday to Friday & Monday to Friday July 21 to July 25 & July 28 to August 1, 2025

PAC POOL

1:15 PM	Opening Duties (1:15-1:30)			Opening Duties (1:15-1:30)
1:30 PM	Preschool 1/2 1:30-2:00	Swimmer 1 1:30-2:00	Swimmer 6 1:30-2:15	Swimmer 4 1:30-2:15
1:45 PM				
2:00 PM	Swimmer 2 2:00-2:30	Swimmer 3 2:00-2:45	Preschool 4/5 2:15-2:45	Swimmer 3 2:15-3:00
2:15 PM				
2:30 PM				
2:45 PM	Swimmer 4 2:45-3:30	Rookie 3:00-4:00	Swimmer 5 3:00-3:45	
3:00 PM				
3:15 PM				Swimmer 1 3:15-3:45
3:30 PM	Swimmer 3 3:30-4:15	Preschool 1/2 4:00-4:30	Preschool 2/3 3:45-4:15	Swimmer 2 3:45-4:15
3:45 PM				
4:00 PM				
4:15 PM				
4:30 PM		Closing Duties (4:30-4:45)	Closing Duties (4:30-4:45)	

Set K - 1x/Day (9 Lessons)

Tuesday to Friday & Monday to Friday

August 5 to 8 & August 11 to 15, 2025

EDUCATION POOL (AM)

8:45 AM		Opening Duties (8:45-9:00)		Opening Duties (8:45-9:00)
9:00 AM	Preschool 1	Swimmer 2	Swimmer 5	Swimmer 1
9:15 AM	9:00-9:30	9:00-9:30	9:00-9:45	9:00-9:30
9:30 AM	Swimmer 1	Ranger/Star		Preschool 1/2
9:45 AM	9:30-10:00	9:30-10:30	Preschool 2/3	9:30-10:00
10:00 AM			9:45-10:15	Swimmer 2
10:15 AM	Swimmer 6			10:00-10:30
10:30 AM	10:15-11:00		Swimmer 3	
10:45 AM		Youth 1/2	10:30-11:15	Swimmer 4
11:00 AM	Swimmer 3	10:45-11:30		10:45-11:30
11:15 AM	11:00-11:45		Rookie	
11:30 AM		Swimmer 4	11:15-12:15	Swimmer 2
11:45 AM	Preschool 2/3	11:30-12:15		11:30-12:00
12:00 PM	11:45-12:15			
12:15 PM	Closing Duties (12:15-12:30)		Closing Duties (12:15-12:30)	

Set L - 1x/Day (9 Lessons)

Tuesday to Friday & Monday to Friday

August 5-8 & August 11-15, 2025

EDUCATION POOL (PM)

4:15 PM		Opening Duties (4:15-4:30)		Opening Duties (4:15-4:30)
4:30 PM	Preschool 1	Swimmer 1	Swimmer 3	Swimmer 2
4:45 PM	4:30-5:00	4:30-5:00	4:30-5:15	4:30-5:00
5:00 PM	Swimmer 2	Ranger/Star		Swimmer 3
5:15 PM	5:00-5:30	5:00-6:00	Parent & Tot 2/3	5:00-5:45
5:30 PM	Swimmer 4		5:15-5:45	
5:45 PM	5:30-6:15			
6:00 PM			Preschool 1/2	Preschool 1
6:15 PM		Rookie	6:00-6:30	6:00-6:30
6:30 PM	Preschool 4/5	6:15-7:15	Swimmer 6	Swimmer 1
6:45 PM	6:30-7:00		6:30-7:15	6:30-7:00
7:00 PM	Swimmer 4			
7:15 PM	7:00-7:45	Preschool 1/2	Swimmer 1	Preschool 2/3
7:30 PM		7:15-7:45	7:15-7:45	7:15-7:45
7:45 PM	Swimmer 5			Swimmer 1
8:00 PM	7:45-8:30	Swimmer 3	Swimmer 4	7:45-8:15
8:15 PM		8:00-8:45	8:00-8:45	Swimmer 3
8:30 PM				8:15-9:00
8:45 PM	Adult 1	Youth Swimmer 2/3	Adult 3	
9:00 PM	8:45-9:30	8:45-9:30	8:45-9:30	
9:15 PM				
9:30 PM	Closing Duties (9:30-9:45)		Closing Duties (9:30-9:45)	

Set M - 1x/Day (9 Lessons)

Tuesday to Friday & Monday to Friday

August 5-8 & August 11-15, 2025

PAC POOL

1:15 PM	Opening Duties (1:15-1:30)		Opening Duties (1:15-1:30)
1:30 PM	Swimmer 3 1:30-2:15	Swimmer 5 1:30-2:15	Ranger/Star 1:30-2:30
1:45 PM			
2:00 PM	Swimmer 6 2:15-3:00	Swimmer 1 2:15-2:45	Swimmer 2 2:30-3:00
2:15 PM			
2:30 PM			
2:45 PM	Rookie 3:15-4:15	Swimmer 1 13:00-3:30	Preschool 2/3 3:15-3:45
3:00 PM			
3:15 PM			
3:30 PM			
3:45 PM	Swimmer 4 3:30-4:15	Swimmer 3 3:45-4:30	Swimmer 3 3:45-4:30
4:00 PM			
4:15 PM			
4:30 PM		Closing Duties (4:30-4:45)	Closing Duties (4:30-4:45)

Set P - 1x/Day (10 Lessons)

Monday to Friday & Monday to Friday August 18-22 & August 25-29, 2025

EDUCATION POOL (AM)				
8:45 AM		Opening Duties (8:45-9:00)		Opening Duties (8:45-9:00)
9:00 AM	Swimmer 1	Parent & Tot 2/3	Swimmer 4	Preschool 1
9:15 AM	9:00-9:30	9:00-9:30	9:00-9:45	9:00-9:30
9:30 AM	Preschool 4/5	Ranger/Star		Swimmer 2
9:45 AM	9:30-10:00	9:30-10:30	Swimmer 5	9:30-10:00
10:00 AM	Swimmer 3		9:45-10:30	Preschool 2/3
10:15 AM	10:00-10:45			10:00-10:30
10:30 AM				
10:45 AM		Swimmer 2	Preschool 2/3	Swimmer 1
11:00 AM	Preschool 1	10:45-11:15	10:45-11:15	10:45-11:15
11:15 AM	11:00-11:30	Preschool 4/5	Rookie	Swimmer 3
11:30 AM	Swimmer 4	11:15-11:45	11:15-12:15	11:15-12:00
11:45 AM	11:30-12:15	Swimmer 2		
12:00 PM		11:45-12:15		
12:15 PM	Closing Duties (12:15-12:30)		Closing Duties (12:15-12:30)	

Set Q - 1x/Day (10 Lessons)

Monday to Friday & Monday to Friday August 18-22 & August 25-29, 2025

EDUCATION POOL (PM)				
4:15 PM		Opening Duties (4:15-4:30)		Opening Duties (4:15-4:30)
4:30 PM	Preschool 1	Swimmer 1	Swimmer 3	Swimmer 2
4:45 PM	4:30-5:00	4:30-5:00	4:30-5:15	4:30-5:00
5:00 PM	Swimmer 2	Ranger/Star		Swimmer 3
5:15 PM	5:00-5:30	5:00-6:00	Parent & Tot 2/3	5:00-5:45
5:30 PM	Swimmer 4		5:15-5:45	
5:45 PM	5:30-6:15			
6:00 PM			Preschool 1/2	Preschool 1
6:15 PM		Rookie	6:00-6:30	6:00-6:30
6:30 PM	Preschool 4/5	6:15-7:15	Swimmer 6	Swimmer 1
6:45 PM	6:30-7:00		6:30-7:15	6:30-7:00
7:00 PM	Swimmer 4			
7:15 PM	7:00-7:45	Preschool 1/2	Swimmer 1	Preschool 2/3
7:30 PM		7:15-7:45	7:15-7:45	7:15-7:45
7:45 PM	Swimmer 5			Swimmer 1
8:00 PM	7:45-8:30	Swimmer 3	Swimmer 4	7:45-8:15
8:15 PM		8:00-8:45	8:00-8:45	Swimmer 3
8:30 PM				8:15-9:00
8:45 PM	Adult 1	Youth Swimmer 2/3	Adult 3	
9:00 PM	8:45-9:30	8:45-9:30	8:45-9:30	
9:15 PM				
9:30 PM	Closing Duties (9:30-9:45)		Closing Duties (9:30-9:45)	

Set R - 1x/Day (10 Lessons)

Monday to Friday & Monday to Friday

August 18-22 & August 25-29, 2025

PAC POOL

1:15 PM		Opening Duties (1:15-1:30)		Opening Duties (1:15-1:30)
1:30 PM	Swimmer 2 1:30-2:00	Swimmer 4 1:30-2:15	Ranger/Star 1:30-2:30	Preschool 4/5 1:30-2:00
1:45 PM				
2:00 PM	Swimmer 3 2:00-2:45	Swimmer 2 2:15-2:45	Swimmer 1 2:30-3:00	Swimmer 5 2:00-2:45
2:15 PM				
2:30PM				
2:45PM				
3:00 PM	Preschool 2/3 3:00-3:30	Swimmer 1 3:00-3:30	Preschool 1 3:15-3:45	Swimmer 3 3:00-3:45
3:15 PM				
3:30 PM	Rookie 3:30-4:30	Swimmer 6 3:30-4:15	Swimmer 3 3:45-4:30	Swimmer 2 3:45-4:15
3:45 PM				
4:00 PM				
4:15 PM				
4:30 PM	Closing Duties (4:30-4:45)		Closing Duties (4:30-4:45)	