

June 1, 2025 – August 31, 2025

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
					10:00 - 11:00 Fitness Yoga PAC 101	9:15 – 10:00 Spin Fit Studio
						10:15 – 11: 00 Barre PAC 101
12:05-12:50 Spin Fit Studio	12:05-12:50 Sculpt Fit Studio	12:05-12:50 Step Fit Studio	12:05 – 12:50 Cardio & Sculpt Fit Studio	12:05 – 12:50 Spin & Core Fit Studio		
12:05-12:50 Zumba PAC 101	12:05 – 12:50 Outdoor Yoga PAC 101	12:05 -12:50 Barre PAC 101	12:05 – 12:50 Yoga for Backs PAC 101	12:05 – 12:50 Cardio Salsa PAC 101 (Until June 27)		
4:45-5:45 Zumba PAC 101	4:45-5:45 PiYo Fit Studio (Starts June 17)	4:45 -5:45 Fitness Yoga PAC 101	4:45-5:45 Yoga Sculpt Fit Studio (Starts June 19)	4:45 -5:45 Yoga PAC 101		4:30 – 5:30 Cardio Kickboxing PAC 101
	5:45 – 6:45 Sculpt PAC 101	4:45 – 5:30 Sculpt Fit Studio	5:45 -6:45 Sculpt PAC 101			
		5:45 – 6:45 Spin Fit Studio				
			7:00 – 7:45 Pound PAC 101 (Until June 26)			

