



VOLUNTEER APPLICATION PAAL

PHYSICAL ACTIVITY FOR ACTIVE LIVING

Fall 2023



Which program(s) do you want to volunteer with (circle or check ALL that apply)

Child PAAL
(Saturdays)

Teen PAAL
(Saturdays)

PAAL Fit
(Tuesdays)

PAAL Fit
(Thursdays)

Name & Pronouns

Age

Address

City/Province & Postal Code

Phone

Email

Swimming experience/ comfort level in the water (ie. are you able to swim, only comfortable in shallow end, etc)

Qualifications/certifications (Recreational Therapy, aquatics, CPR/SFA, etc) that may help you in volunteering with PAAL

Previous experience (with PAAL, working with kids, teaching/ coaching, etc) that may help you in volunteering with PAAL

***If with PAAL previously, provide participant's name**

Submit Application:

Email: usaskrec.aquatics@usask.ca **In-Person:** Room 222 @ the PAC

