

# VOLUNTEER FOR SUMMER PAAL

(Physical Activity for Active Living)

## Child PAAL

Ages 5 – 10  
August 22 – August 26  
9 – 12pm

## Teen PAAL

Ages 11 – 18  
August 22 – August 26  
1 – 4pm

## Volunteer Orientation

Thursday August 18<sup>th</sup> @5-7pm  
PAC Room 222

For more information, email [usaskrec.aquatics@usask.ca](mailto:usaskrec.aquatics@usask.ca) or call **(306)966-1001**.

Apply in person at the College of Kinesiology (87 Campus Drive, room 222) or send application form to [usaskrec.aquatics@usask.ca](mailto:usaskrec.aquatics@usask.ca)

### PAAL VOLUNTEER APPLICATION FORM:

Name: \_\_\_\_\_ Gender: \_\_\_\_\_ Pronouns: \_\_\_\_\_

Age: \_\_\_\_\_ Address: \_\_\_\_\_

City/Province: \_\_\_\_\_ Postal Code: \_\_\_\_\_

Phone: \_\_\_\_\_ Email: \_\_\_\_\_

Program(s) you would like to volunteer with: \_\_\_\_\_

What swimming experience do you have/what is your comfort level in the water (are you able to swim, only comfortable in the shallow end, etc)?

\_\_\_\_\_

\_\_\_\_\_

Please indicate any qualifications/certifications (CPR/SFA, aquatics, etc) and previous experience you have that may help you in volunteering with PAAL (previous PAAL experience, sport/coaching experience, etc):

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