

CANADIAN LIFESAVING SOCIETY COURSES:

CANADIAN LIFESAVING SOCIETY BRONZE STAR				
Pre Requisite - The U of S recommends completion of Swimmer 6/Rookie/Ranger/Star Patrol				
Saturday/Sunday	September 12/13, 2026	9 am-3:30 pm	PAC Pool	\$160
Saturday/Sunday	November 28/29, 2026	9 am-3:30 pm	PAC Pool	\$160
Monday and Wednesday	November 23/25/30/December 2/7/9, 2026	6:45-9:00pm	PAC Pool	\$160
Monday and Wednesday	January 11/13/18/20/25/27, 2027	6:45-9:00pm	PAC Pool	\$160
Saturday/Sunday	Janaury 16/17, 2026	9 am-3:30 pm	PAC Pool	\$160
Saturday/Sunday	March 13/14, 2027	9 am-3:30 pm	PAC Pool	\$160
Saturday/Sunday	May 15/16, 2027	9 am-3:30 pm	PAC Pool	\$160
Saturday/Sunday	June 19/20, 2027	9 am-3:30 pm	PAC Pool	\$160
CANADIAN LIFESAVING SOCIETY BRONZE MEDALLION				
Pre Requisite - 13 years of age OR Bronze Star				
Monday and Wednesday	September 14/16/21/23/28/Oct 5/7/Oct 14, 2026	6:30-9:30 pm	PAC Pool	\$200
Friday/Saturday/Sunday	September 18/19/20, 2026	5-10/9-6/9-6 pm	PAC Pool	\$200
Friday/Saturday/Sunday	October 2/3/4, 2026	5-10/9-6/9-6 pm	PAC Pool	\$200
Friday/Saturday/Sunday	December 11/12/13, 2026	5-10/9-6/9-6 pm	PAC Pool	\$200
Friday/Saturday/Sunday	January 8/9/10, 2027	5-10/9-6/9-6 pm	PAC Pool	\$200
Monday and Wednesday	February 1/3/8/10/22/24/March 1/3, 2027	6:30-9:30 pm	PAC Pool	\$200
Tuesday/Wednesday/Thursday	February 16/17/18, 2027	8 am-4 pm	EDUC Pool/Room 1109	\$200
Friday/Saturday/Sunday	March 19/20/21, 2027	5-10/9-6/9-6 pm	PAC Pool	\$200
Monday/Tuesday/Wednesday	March 29/30/31, 2027	8 am-4 pm	EDUC Pool/Room1109	\$200
Friday/Saturday/Sunday	April 9/10/11, 2026	5-10/9-6/9-6 pm	EDUC Pool/Room 1109	\$200
Friday/Saturday/Sunday	April 30/May 1/2, 2027	5-10/9-6/9-6 pm	PAC Pool	\$200
Monday/Wednesday/Friday	May 3/5/7/10/12/14/17/19, 2027	6:30-9:30 pm	PAC Pool	\$200
Friday/Saturday/Sunday	May 28/29/30, 2027	5-10/9-6/9-6 pm	PAC Pool	\$200

CANADIAN LIFESAVING SOCIETY BRONZE CROSS

Pre-Requisite - Bronze Medallion

Friday/Saturday/Sunday	September 25/26/27, 2026	5-10/8-6/8-6 pm	PAC Pool	\$200
Monday and Wednesday	October 19/21/26/28/November 2/4/16/18, 2026	6:30-9:30 pm	PAC Pool	\$200
Friday/Saturday/Sunday	October 16/17/18, 2026	5-10/8-6/8-6 pm	PAC Pool	\$200
Friday/Saturday/Sunday	December 18/19/20, 2026	5-10/8-6/8-6 pm	PAC Pool	\$200
Friday/Saturday/Sunday	January 22/23/24, 2027	5-10/8-6/8-6 pm	PAC Pool	\$200
Friday/Saturday/Sunday	February 5/6/7, 2027	5-10/8-6/8-6 pm	PAC Pool	\$200
Friday/Saturday/Sunday	February 19/20/21, 2027	8 am-4 pm	EDUC Pool/Room 1109	\$200
Monday/Wednesday/Friday	March 8/10/12/15/17/19/22/24, 2027	6:30-9:30 pm	PAC Pool	\$200
Thursday/Friday/Saturday	April 1/2/3, 2027	8 am-4 pm	EDUC Pool/Room 1109	\$200
Friday/Saturday/Sunday	April 16/17/18, 2027	5-10/8-6/8-6 pm	EDUC Pool/Room 1109	\$200
Friday/Saturday/Sunday	May 7/8/9, 2027	5-10/8-6/8-6 pm	PAC Pool	\$200
Monday/Wednesday/Friday	May 26/28/31/June 2/4/7/9/11, 2027	6:30-9:30 pm	PAC Pool	\$200
Friday/Saturday/Sunday	June 4/5/6, 2027	5-10/8-6/8-6 pm	PAC Pool	\$200

CANADIAN LIFESAVING SOCIETY - LIFESAVING INSTRUCTOR- Swim for Life/Swim Patrol/Bronze Awards/Examiner Clinic (LSI)

Pre Requisite-15 years of age and Bronze Cross OR NLA

The LSI program at the U of S, will follow the following format:

Section ONE - Instructional techniques and strategies, the Parent and Tot program, the Preschool 1 to 5 , Swimmer 1 to 6, Adult 1 to 3 (37 Hours)

Section TWO - Patrol Program/Bronze Awards/Examiner (32 Hours)

The LSI involves a series of modules that will lead to the completion of the program.

Your registration will be followed up with an email from the aquatics office closer to the start date of the program providing you with a pre-course assignment

At the time of registration you will choose a SECTION ONE and a SECTION TWO (MUST register for both Sessions)

SECTION ONE MUST be successfully completed prior to admission in SECTION TWO.

SECTION ONE

Fri/Sat/Sun/Fri/Sat	September 18/19/20/25/26, 2026	5-10/9-6/9-6/5-10/9-6 pm	PAC/Room 188	\$450
Fri/Sat/Sun/Fri/Sat	November 27/28/29/December 4/5, 2026	5-10/9-6/9-6/5-10/9-6 pm	PAC/Room 188	\$450
Tuesday to Thursday	February 16/17/18, 2027	8 am-7 pm	PAC/Room 188	\$450
Fri/Sat/Sun/Fri/Sat	March 5/6/7/12/13, 2027	5-10/9-6/9-6/5-10/9-6 pm	PAC/Room 188	\$450
Monday to Thursday	March 29/30/31/April 1, 2027	8 am-5:30 pm	PAC/Room 188	\$450
Fri/Sat/Sun/Fri/Sat	April 9/10/11/16/17, 2027	5-10/9-6/9-6/5-10/9-6 pm	EDUC/Room 1251	\$450
Fri/Sat/Sun/Fri/Sat	April 23/24/25/30/May 1, 2027	5-10/9-6/9-6/5-10/9-6 pm	EDUC/Room 1251	\$450
Fri/Sat/Sun/Fri/Sat	May 14/15/16/28/29, 2027	5-10/9-6/9-6/5-10/9-6 pm	EDUC/Room 1251	\$450

SECTION TWO

Sun/Fri/Sat/Sun	September 27/October 2/3/4, 2026	9-6/5-10/9-6/9-6 pm	PAC/Room 188	\$0
Sun/Fri/Sat/Sun	December 6/11/12/13, 2026	9-6/5-10/9-6/9-6 pm	PAC/Room 188	\$0
Friday/Saturday/Sunday	February 19/20/21, 2027	8 am-6 pm	PAC/Room 188	\$0
Sun/Fri/Sat/Sun	March 14/19/20/21, 2027	9-6/5-10/9-6/9-6 pm	PAC/Room 188	\$0
Fri/Sat/Sun	April 2/3/4, 2027	8 am-6 pm	PAC/Room 188	\$0
Sun/Fri/Sat/Sun	April 18/23/24/25, 2027	9-6/5-10/9-6/9-6 pm	EDUC/Room 1251	\$0
Sun/Fri/Sat/Sun	May 2/7/8/9, 2027	9-6/5-10/9-6/9-6 pm	EDUC/Room 1251	\$0
Sun/Fri/Sat/Sun	May 30/June 4/5/6, 2027	9-6/5-10/9-6/9-6 pm	EDUC/Room 1251	\$0

CANADIAN LIFESAVING SOCIETY Swim Patrol/Bronze Awards/Examiner Clinic (LSI)

Pre Requisite-15 years of age and Bronze Cross OR NLA AND Swim For Life

Sun/Fri/Sat/Sun	September 27/October 2/3/4, 2026	9-6/5-10/9-6/9-6 pm	PAC/Room 188	\$200
Sun/Fri/Sat/Sun	December 6/11/12/13, 2026	9-6/5-10/9-6/9-6 pm	PAC/Room 188	\$200
Friday/Saturday/Sunday	February 19/20/21, 2027	8 am-6 pm	PAC/Room 188	\$200
Sun/Fri/Sat/Sun	March 14/19/20/21, 2027	9-6/5-10/9-6/9-6 pm	PAC/Room 188	\$200
Fri/Sat/Sun	April 2/3/4, 2026	8 am-6 pm	PAC/Room 188	\$200
Sun/Fri/Sat/Sun	April 18/23/24/25, 2027	9-6/5-10/9-6/9-6 pm	EDUC/Room 1251	\$200
Sun/Fri/Sat/Sun	May 2/7/8/9, 2027	9-6/5-10/9-6/9-6 pm	EDUC/Room 1251	\$200
Sun/Fri/Sat/Sun	May 30/June 4/5/6, 2027	9-6/5-10/9-6/9-6 pm	EDUC/Room 1251	\$200

CANADIAN LIFESAVING SOCIETY NATIONAL LIFEGUARD AWARD (NLA)

Pre Requisite - 15 years of age, Bronze Cross and CPR-C/Intermediate Standard First-Aid

Acceptable CPR C/Intermediate Standard First Aid Agencies; Canadian Red Cross, Lifesaving Society, St. John Ambulance, Heart and Stroke, Canadian Ski Patrol

Friday/Saturday/Sunday	October 23/24/25/30/31/November 1, 2026	5-10/8-6/8-6 pm	PAC/Room 188	\$300
Friday/Saturday/Sunday	November 6/7/8/13/14/15, 2026	5-10/8-6/8-6 pm	PAC/Room 188	\$300
Friday/Saturday/Sunday	December 11/12/13/18/19/20, 2026	5-10/8-6/8-6 pm	EDUC/Room 1251	\$300
Tuesday to Sunday	February 16/17/18/19/20/21, 2027	9-6/9-6/9-6/9-6/9-3 pm	EDUC/Room 1024	\$300
Friday/Saturday/Sunday	February 26/27/28/March 5/6/7, 2027	5-10/8-6/8-6 pm	PAC/Room 188/161	\$300
Monday to Saturday	March 29/30/31/April 1/2/3, 2027	8 am-4:30 pm	EDUC/Room 1251	\$300
Friday/Saturday/Sunday	April 9/10/11/16/17/18, 2027	5-10/8-6/8-6 pm	PAC/Room 161	\$300
Friday/Saturday/Sunday	April 23/24/25/30/May 1/2, 2027	5-10/8-6/8-6 pm	PAC/Room 161	\$300
Friday/Saturday/Sunday	May 7/8/9/14/15/16, 2027	5-10/8-6/8-6 pm	PAC/Room 188	\$300
Friday/Saturday/Sunday	May 28/29/30/June 4/5/6, 2027	5-10/8-6/8-6 pm	PAC/Room 188	\$300

CANADIAN LIFESAVING SOCIETY NATIONAL LIFEGUARD AWARD RECERT

Must be recertified every 2 years in order to use as a lifeguarding award.

Saturday	September 5, 2026	8:00 am-3:00pm	PAC	\$95
Sunday	September 6, 2026	8:00 am-3:00pm	PAC	\$95
Sunday	December 6, 2026	8:00 am-3:00pm	PAC	\$95
Saturday	December 19, 2026	8:00 am-3:00pm	PAC	\$95
Sunday	December 20, 2026	8:00 am-3:00 pm	PAC	\$95
Saturday	April 3, 2027	8:00 am-3:00 pm	PAC	\$95
Sunday	April 4, 2027	8:00 am-3:00 pm	PAC	\$95
Saturday	April 10, 2027	8:00 am-3:00pm	PAC	\$95
Sunday	April 11, 2027	8:00 am-3:00pm	PAC	\$95
Saturday	April 24, 2027	8:00 am-3:00pm	PAC	\$95
Sunday	May 16, 2027	8:00 am-3:00 pm	PAC	\$95
Sunday	June 20, 2027	8:00 am-3:00 pm	PAC	\$95