

CANADIAN LIFESAVING SOCIETY BRONZE STAR					
Pre Requisite - The U of S recommends completion of Swimmer 6/Rookie/Ranger/Star Patrol					
Saturday/Sunday	September 6/7, 2025	9 am-3:30 pm	PAC Pool		\$160
Saturday/Sunday	November 15/16, 2025	9 am-3:30 pm	PAC Pool		\$160
Saturday/Sunday	Janaury 17/18, 2026	9 am-3:30 pm	PAC Pool		\$160
Saturday/Sunday	March 21/22, 2026	9 am-3:30 pm	PAC Pool		\$160
CANADIAN LIFESAVING SOCIETY BRONZE MEDALLION					
Pre Requisite - 13 years of age OR Bronze Star					
Friday/Saturday/Sunday	September 12/13/14, 2025	5-10/9-6/9-6 pm	PAC Pool		\$200
Tuesday and Thursday	September 16/18/23/25/October 2/7/9/14, 2025	6:00-9:00 pm	PAC Pool		\$200
Friday/Saturday/Sunday	October 17/18/19, 2025	5-10/9-6/9-6 pm	PAC Pool		\$200
Friday/Saturday/Sunday	December 12/13/14, 2025	5-10/9-6/9-6 pm	EDUC Pool		\$200
Friday/Saturday/Sunday	January 9/10/11, 2026	5-10/9-6/9-6 pm	EDUC Pool/Room 1109		\$200
Friday/Saturday/Sunday	January 30//31/February 1, 2026	5-10/9-6/9-6 pm	PAC Pool		\$200
Tuesday/Wednesday/Thursday	February 17/18/19, 2026	8 am-4 pm	EDUC Pool/Room 1109		\$200
Tuesday	March 3/10/17/24/31, 2026	5-9:30 pm	PAC Pool		\$200
Friday/Saturday/Sunday	March 27/28/29, 2026	5-10/9-6/9-6 pm	PAC Pool		\$200
Monday/Tuesday/Wednesday	April 6/7/8, 2026	8 am-4 pm	EDUC Pool/Room1109		\$200
Friday/Saturday/Sunday	April 24/25/26, 2026	5-10/9-6/9-6 pm	PAC Pool		\$200
CANADIAN LIFESAVING SOCIETY BRONZE CROSS					
Pre-Requisite - Bronze Medallion					
Friday/Saturday/Sunday	September 19/20/21, 2025	5-10/8-6/8-6 pm	PAC Pool		\$200
Thursday	October 16/23/30/November 6/20/27, 2025	5:45-9:30 pm	PAC Pool		\$200
Friday/Saturday/Sunday	October 24/25/26, 2025	5-10/8-6/8-6 pm	PAC Pool		\$200
Friday/Saturday/Sunday	December 19/20/21, 2025	5-10/8-6/8-6 pm	EDUC Pool		\$200
Friday/Saturday/Sunday	January 23/24/25, 2026	5-10/8-6/8-6 pm	PAC Pool		\$200
Friday/Saturday/Sunday	February 20/21/22, 2026	8 am-4 pm	EDUC Pool /Room 1109		\$200
Friday/Saturday/Sunday	February 27/28/March 1, 2026	5-10/8-6/8-6 pm	PAC Pool		\$200
Thursday	March 5/12/19/26/April 16/23, 2026	5:15-9:00 pm	PAC Pool		\$200
Thursday/Friday/Saturday	April 9/10/11, 2026	8 am-4 pm	EDUCPool/Room 1109		\$200
Friday/Saturday/Sunday	April 17/18/19, 2026	5-10/8-6/8-6 pm	PAC Pool		\$200

CANADIAN LIFESAVING SOCIETY LIFESAVING INSTRUCTOR/ADVANCED INSTRUCTOR/EXAM STANDARDS (LSI)

Pre Requisite-15 years of age and Bronze Cross OR NLA

The LSI program at the U of S, will follow the following format:

Section ONE - Instructional techniques and strategies, the Parent and Tot program, the Preschool 1 to 5 (23 Hours)/Swimmer 1 to 6, Adult 1 to 3, Patrol Program (23 Hours)

Section THREE - The Bronze Awards (23 Hours)

The LSI involves a series of modules that will lead to the completion of the program.

Your registration will be followed up with an email from the aquatics office closer to the start date of the program providing you with a pre-course assignment

At the time of registration you will choose a SECTION ONE and a SECTION TWO (MUST register for both Sessions)

SECTION ONE MUST be successfully completed prior to admission in SECTION TWO.

SECTION ONE

Fri/Sat/Sun/Fri/Sat	September 19/20/21/26/27, 2025	5-10/9-6/9-6/5-10/9-6 pm	EDUC/Room 1251	\$450
Fri/Sat/Sun/Fri/Sat	November 21/22/23/28/29, 2025	5-10/9-6/9-6/5-10/9-6 pm	EDUC/Room 1251	\$450
Tuesday to Thursday	February 17/18/19, 2026	8 am-7 pm	PAC/Room 188	\$450
Fri/Sat/Sun/Fri/Sat	March 13/14/15/20/21, 2026	5-10/9-6/9-6/5-10/9-6 pm	EDUC/Room 1251	\$450
Monday to Thursday	April 6/7/8/9, 2026	8 am-5:30 pm	PAC/Room 188	\$450
Fri/Sat/Sun/Fri/Sat	April 17/18/19/24/25, 2026	5-10/9-6/9-6/5-10/9-6 pm	EDUC/Room 1251	\$450

SECTION TWO

Sun/Fri/Sat/Sun	September 28/October 3/4/5, 2025	9-6/5-10/9-6/9-6 pm	EDUC/Room 1251	\$0
Sun/Fri/Sat/Sun	November 30/December 5/6/7, 2025	9-6/5-10/9-6/9-6 pm	EDUC/Room 1251	\$0
Friday/Saturday/Sunday	February 20/21/22, 2026	8 am-6 pm	PAC/Room 188	\$0
Sun/Fri/Sat/Sun	March 22/27/28/29, 2026	9-6/5-10/9-6/9-6 pm	EDUC/Room 1251	\$0
Fri/Sat/Sun	April 10/11/12, 2026	8 am-6 pm	PAC/Room 188	\$0
Sun/Fri/Sat/Sun	April 26/May 1/2/3, 2026	9-6/5-10/9-6/9-6 pm	EDUC/Room 1251	\$0

CANADIAN LIFESAVING SOCIETY NATIONAL LIFEGUARD AWARD (NLA)				
Pre Requisite - 15 years of age, Bronze Cross and CPR-C/Standard First-Aid				
Acceptable CPR C/Standard First Aid Agencies; Canadian Red Cross, Lifesaving Society, St. John Ambulance, Heart and Stroke, Canadian Ski Patrol				
Friday/Saturday/Sunday	November 21/22/23/28/29/30, 2025	5-10/8-6/8-6 pm	PAC/Room 188	\$300
Friday/Saturday/Sunday	December 12/13/14/19/20/21, 2025	5-10/8-6/8-6 pm	EDUC/Room 1251	\$300
Tuesday to Sunday	February 17/18/19/20/21/22, 2025	9-6/9-6/9-6/9-6/9-3 pm	EDUC/Room 1024	\$300
Friday/Saturday/Sunday	March 13/14/15/20/21/22, 2026	5-10/8-6/8-6 pm	PAC/Room 188	\$300
Monday to Saturday	April 6/7/8/9/10/11, 2026	8 am-4:30 pm	EDUC/Room 1251	\$300
Friday/Saturday/Sunday	Apri 17/18/19/24/25/26, 2026	5-10/8-6/8-6 pm	PAC/Room 188	\$300
CANADIAN LIFESAVING SOCIETY NATIONAL LIFEGUARD AWARD RECERT				
Must be recertified every 2 years in order to use as a lifeguarding award.				
Saturday	September 6, 2025	8:00 am-3:00pm	PAC	\$95
Saturday	December 6, 2025	8:00 am-3:00pm	EDUC	\$95
Sunday	December 7, 2025	8:00 am-3:00pm	EDUC	\$95
Sunday	December 14, 2025	8:00 am-3:00pm	EDUC	\$95
Sunday	April 5, 2026	8:00 am-3:00 pm	PAC	\$95
Sunday	April 5, 2026	2:00-9:00 pm	PAC	\$95
Friday	April 17, 2026	3:30-10:30 pm	EDUC	\$95
Saturday	Apri 18, 2026	8:00 am-3:00pm	PAC	\$95
Friday	April 24, 2026	3:30-10:30 pm	EDUC	\$95