

## Bronze Courses

<b>CANADIAN LIFESAVING SOCIETY - BRONZE STAR</b>		
Saturday/Sunday	May 11/12, 2024	9 am-3 pm
Tuesday/Wednesday/Thursday	July 2/3/4, 2024	4-8:00 pm
Monday/Tuesday/Wednesday/Thursday	July 22/23/24/25, 2024	4-7 pm
Monday/Tuesday/Wednesday/Thursday	August 12/13/14/15, 2024	4-7 pm

<b>CANADIAN LIFESAVING SOCIETY - BRONZE MEDALLION</b>		
<b>Pre Requisites - 13 years of age OR Bronze Star</b>		
Tuesday	March 5/12/19/26/April 9/16, 2024	6-9:30 pm
Monday/Tuesday/Wednesday	April 1/2/3, 2024	8 am-4 pm
Friday/Saturday/Sunday	April 12/13/14, 2024	6-10/9-6/9-6 pm
Friday/Saturday/Sunday	May 3/4/5, 2024	6-10/9-6/9-6 pm
Tuesday	May 7/14/21/28/June 4/11, 2024	6-9:30 pm
Friday/Saturday/Sunday	May 31/June 1/2, 2024	6-10/9-6/9-6 pm
Monday/Tuesday/Wednesday/Thursday	July 8/9/10/11, 2024	4-9 pm
Friday/Saturday/Sunday	July 12/13/14, 2024	6-10/9-6/9-6 pm
Monday/Tuesday/Wednesday/Thursday	July 29/30/31/August 1, 2024	4-9 pm
Friday/Saturday/Sunday	August 9/10/11, 2024	6-10/9-6/9-6 pm
Monday/Tuesday/Wednesday/Thursday	August 19/20/21/22, 2024	4-9 pm

<b>CANADIAN LIFESAVING SOCIETY - BRONZE CROSS</b>		
<b>Pre-Requisites - Bronze Medallion</b>		
Thursday	March 7/14/21/28/April 11/18, 2024	6-10 pm
Friday/Saturday/Sunday	March 22/23/24, 2024	6-10/8-6/8-6 pm
Thursday/Friday/Saturday	April 4/5/6, 2024	8:00 am-4:00 pm
Friday/Saturday/Sunday	April 19/20/21, 2024	6-10/8-6/8-6 pm
Thursday	May 9/16/23/30/June 6/13/20, 2024	6-9:30 pm
Friday/Saturday/Sunday	May 24/25/26, 2024	6-10/8-6/8-6 pm
Friday/Saturday/Sunday	June 6/7/8, 2024	6-10/8-6/8-6 pm
Monday/Tuesday/Wednesday/Thursday	July 15/16/17/18, 2024	4-9:30 pm
Friday/Saturday/Sunday	July 26/27/28, 2024	6-10/8-6/8-6 pm
Tuesday/Wednesday/Thursday/Friday	August 6/7/8/9, 2024	4-9:30 pm
Friday/Saturday/Sunday	August 16/17/18, 2024	6-10/8-6/8-6 pm
Monday/Tuesday/Wednesday/Thursday	August 26/27/28/29, 2024	4-9:30 pm

## National Lifeguard Award (NLA) Courses

### CANADIAN LIFESAVING SOCIETY - NATIONAL LIFEGUARD AWARD (NLA)

**Pre Requisites - 15 years of age, Bronze Cross and CPR-C/Standard First Aid**

Friday/Saturday/Sunday	March 15/16/17/22/23/24, 2024	5-10/8-6/8-6 pm
Monday to Saturday	April 1/2/3/4/5/6, 2024	8:00 am-4:30 pm
Friday/Saturday/Sunday	April 12/13/14/19/20/21, 2024	5-10/8-6/8-6 pm
Friday/Saturday/Sunday	April 26/27/28/May 3/4/5, 2024	5-10/8-6/8-6 pm
Friday/Saturday/Sunday	May 10/11/12/24/25/26, 2024	5-10/8-6/8-6 pm
Friday/Saturday/Sunday	May 31/June 1/2/7/8/9, 2024	5-10/8-6/8-6 pm
Friday/Saturday/Sunday	July 5/6/7/19/20/21, 2024	5-10/8-6/8-6 pm
Friday/Saturday/Sunday	August 9/10/11/16/17/18, 2024	5-10/8-6/8-6 pm

### CANADIAN RED CROSS - CPR C/STANDARD FIRST AID AND CANADIAN LIFESAVING SOCIETY - NATIONAL LIFEGUARD AWARD (NLA)

**Pre Requisite - 15 years of age and Bronze Cross**

Monday to Sunday	July 8/9/10/11/12/13/14, 2024	9 am to 6 pm
Saturday to Friday	August 24/25/26/27/28/29/30, 2024	9 am to 6 pm

## Lifesaving Society Instructor (LSI) Courses

### CANADIAN LIFESAVING SOCIETY LIFESAVING - INSTRUCTOR/ADVANCED INSTRUCTOR & EXAM STANDARDS (LSI)

**Pre Requisites - 15 years of age and Bronze Cross OR NLA**

The LSI program at the U of S will follow the following format:

Section ONE - Instructional techniques and strategies, Parent and Tot program, Preschool 1 to 5 (20 Hours)

Section TWO - Swimmer 1 to 6, Ault 1 to 3, Patrol Program (20 Hours)

Section THREE - The Bronze Awards (20 Hours)

Friday/Saturday/Sunday	March 1/2/3/8/9/10/15/16/17, 2024	6-10/9-5/9-5 pm
Monday to Sunday	April 1/2/3/4/5/6/7, 2024	8 am-4:30 pm
Friday/Saturday/Sunday	April 12/13/14/19/20/21/26/27/28, 2024	6-10/9-5/9-5 pm
Friday/Saturday/Sunday	May 10/11/12/24/25/26/31/June 1/2, 2024	6-10/9-5/9-5 pm
Friday/Saturday/Sunday	June 7/8/9/14/15/16/21/22/23, 2024	6-10/9-5/9-5 pm
Tuesday to Sunday	July 2/3/4/5/6/7, 2024	8 am-6 pm
Friday/Saturday/Sunday	July 26/27/28/August 9/10/11/16/17/18, 2024	6-10/9-5/9-5 pm
Sunday to Saturday	August 25/26/27/28/29/30/31, 2024	8 am-4:30 pm