

Women's Only Saturday (9 Lessons)

Sept 16 - Dec 2, 2023

EDUCATION POOL

NO Lessons Sept 30/Oct 7/Nov 11

12:45 PM	Opening Duties (12:45-1:00)		Opening Duties (12:45-1:00)
1:00 PM	Swimmer 1 1:00-1:30		Lane Swim 1:00-2:30
1:15 PM			
1:30 PM			
1:45 PM	Swimmer 1/2 1:30-2:00	Swimmer 3/4 1:30-2:00	Lane Swim 1:00-2:30
2:00 PM	Swimmer 1 2:00-2:30	Swimmer 2/3 2:00-2:30	
2:15 PM			
2:30 PM			
2:45 PM	Swimmer 2/3 2:45-3:15	Swimmer 1/2 2:45-3:15	Adult 1 2:45-3:15
3:00 PM	Swimmer 1 3:15-3:45	Adult 2 3:15-3:45	
3:15 PM			
3:30 PM			
3:45 PM		Closing Duties (3:45-4:00)	Closing Duties (3:45-4:00)