

## Program schedule

### Week one

July 8-12

<b>Morning</b>	All ages	Extended hours
<b>Morning</b>	Ages 5 to 8	Sports 'R' Fun
	Ages 5 to 8	How the Body Moves
	Ages 8 to 12	Ultimate Frisbee
	Ages 8 to 12	Volleyball
<b>Afternoon</b>	Ages 5 to 8	Sports and Water Mania
	Ages 5 to 8	Mini Basketball
	Ages 8 to 12	Track and Field
	Ages 8 to 12	Sports and Wall Climbing
<b>Afternoon</b>	All ages	Extended hours

### Week two

July 15-19

<b>Morning</b>	All ages	Extended hours
<b>Morning</b>	Ages 5 to 8	Sports 'R' Fun
	Ages 5 to 8	Soccer
	Ages 8 to 12	Basketball
	Ages 8 to 12	Golf and tennis
<b>Afternoon</b>	Ages 5 to 8	Sports and Water Mania
	Ages 5 to 8	How the Body Moves
	Ages 8 to 12	Field Lacrosse
	Ages 8 to 12	Sports and Wall Climbing
<b>Afternoon</b>	All ages	Extended hours

### Week three

July 22-26

<b>Morning</b>	All ages	Extended hours
<b>Morning</b>	Ages 5 to 8	Games Galore
	Ages 5 to 8	Soccer
	Ages 8 to 12	Triathlon
	Ages 8 to 12	Volleyball
<b>Afternoon</b>	Ages 5 to 8	Sports and Water Mania
	Ages 5 to 8	Sports 'R' Fun
	Ages 8 to 12	Racquet sports
	Ages 8 to 12	Sports and Wall Climbing
<b>Afternoon</b>	All ages	Extended hours

### Week four

July 29-August 2

<b>Morning</b>	All ages	Extended hours
<b>Morning</b>	Ages 5 to 8	How the Body Moves
	Ages 5 to 8	Mini Basketball
	Ages 8 to 12	Golf and Tennis
	Ages 8 to 12	Soccer
<b>Afternoon</b>	Ages 5 to 8	Sports and Water Mania
	Ages 5 to 8	Mini Track and Field
	Ages 8 to 12	Mountain Biking
	Ages 8 to 12	Sports and Wall Climbing
<b>Afternoon</b>	All ages	Extended hours

**Week five**  
**August 6-9**  
 Note: four days only

<b>Morning</b>	All ages	Extended hours
<b>Morning</b>	Ages 5 to 8	Sports 'R' Fun
	Ages 5 to 8	How the Body Moves
	Ages 8 to 12	Track and Field
	Ages 8 to 12	Basketball
<b>Afternoon</b>	Ages 5 to 8	Sports and Water Mania
	Ages 5 to 8	Soccer
	Ages 8 to 12	Golf and Tennis
	Ages 8 to 12	Sports and Wall Climbing
<b>Afternoon</b>	All ages	Extended hours

**Week six**  
**August 12-16**

<b>Morning</b>	All ages	Extended hours
<b>Morning</b>	Ages 5 to 8	How the Body Moves
	Ages 5 to 8	Mini Track and Field
	Ages 8 to 12	Basketball
	Ages 8 to 12	Football
<b>Afternoon</b>	Ages 5 to 8	Sports and Water Mania
	Ages 5 to 8	In-line Skating
	Ages 8 to 12	Soccer
	Ages 8 to 12	Sports and Wall Climbing
<b>Afternoon</b>	All ages	Extended hours

**Week seven**  
**August 19-23**

<b>Morning</b>	All ages	Extended hours
<b>Morning</b>	Ages 5 to 8	Sports 'R' Fun
	Ages 5 to 8	Mini Basketball
	Ages 8 to 12	Track and Field
	Ages 8 to 12	Field Lacrosse
<b>Afternoon</b>	Ages 5 to 8	Sports and Water Mania
	Ages 5 to 8	Soccer
	Ages 8 to 12	Racquet sports
	Ages 8 to 12	Sports and Wall Climbing
<b>Afternoon</b>	All ages	Extended hours

**Week eight**  
**August 26-30**

<b>Morning</b>	All ages	Extended hours
<b>Morning</b>	Ages 5 to 8	Sports 'R' Fun
	Ages 5 to 8	Mini Basketball
	Ages 8 to 12	Football
	Ages 8 to 12	Golf and Tennis
<b>Afternoon</b>	Ages 5 to 8	Sports and Water Mania
	Ages 5 to 8	How the Body Moves
	Ages 8 to 12	Mountain Biking
	Ages 8 to 12	Sports and Wall Climbing
<b>Afternoon</b>	All ages	Extended hours